

Deliverance Handout

Introduction

Deliverance is between you and Jesus

No one need know anything about you including your name.

No one need to know what you desire deliverance from as its between you and Jesus

You are not to say anything during the deliverance except to ask to make clearer something that was said.

All you need to do is agree in your heart with what was said or commanded.

Afterwards you may say or ask anything.

Introduction

Can a Christian have a demon?

Yes! Jesus only ever cast demons out of people who called Him Lord.

Demons cannot reside in our spirit as the presence of The Holy Spirit is in it marking us as belonging to Jesus.

The can reside in our soul (house) if we give them access by accepting what they suggest. Deliverance removes the demons from the soul so they cannot interfere with what The Holy Spirit is telling us or cannot pretend to be The Holy Spirit speaking to us.

You do not need to say anything out loud as it is between you and Jesus so all you need to do is agree in your heart to give these things to Jesus.

Steps three and four can be whispered as you are exercising the delegated authority over demons that Jesus has given you so only you, Jesus and Satan need to hear them.

It is a simple five step process requiring no experience and I have used it for years successfully.

The Steps

Give to Jesus to be Lord of what you desire to be delivered from.

Check there is no unforgiveness or sin you do not want to give up.

Command Satan to leave in Jesus Name

Command healing and restoration in accordance with the Will of God

Ask The Holy Spirit to fill you so there is no place for demons to come back in.

Because you give the thing to Jesus to be Lord of demons have to fight Him for it so do not manifest in any way during the deliverance. It is no use them fighting you as you have given it to Jesus.

You also need to learn these steps as they are how you fight Satan's attacks on you and protect what Jesus has given you to be steward of.

We use a list of items so you can refer back to and check you have given them to Jesus. Satan is a Legalist and having a list like this removes some of his power over you by stopping him causing

you to doubt any deliverance you have had in the areas listed. You can always go back and check the list to see if it was covered. If it is not covered give it to Jesus using The Five Steps. It also helps you see what he is trying to have you accept by placing thoughts in your mind to imply you have not been delivered from that area.

So in the future you ask The Holy Spirit if you need deliverance from anything or need to protect it with The Five Steps.

Introduction to the deliverance prayer

This is an introduction to how Jesus showed me to do deliverance.

I will explain the method Jesus gave me which does not have a need to fight demons but just to remove them.

I use to do deliverance on the web the way the church usually does it fighting demons and coming against each sin a person had.

Jesus showed me that the way it is done, because fighting demons, is from Satan and is the way Satan trained the church to do deliverance.

Jesus said that He had defeated Satan at Calvary so we do not need to fight Satan again.

Instead, He showed me it is a Lordship prayer you can pray at home by yourself.

This talk is the introduction to the prayer He showed me you need to pray to obtain deliverance.

The prayer is found at <http://nevillesalvetti.com/delprayer.pdf>

Then read what to do afterwards <http://nevillesalvetti.com/delafter.pdf>

Satan is a legalist which is why so many things are mentioned in the prayer.

In the early church deliverance was a standard procedure to remove the demons that were still in a person after they became a follower of Jesus. These were left over from their pre-Christian days and unless removed would make the Christian life difficult to live often manifesting as sins or bad habits you have difficulty breaking as they are continually there influencing you to do them.

Christians cannot be possessed because The Holy Spirit's presence is placed in their spirit to mark them as belonging to Jesus so demons cannot gain entry. But Jesus said that people have a house (which is their soul) and demons can inhabit that.

Mat 12:43 When the unclean spirit is gone out of a man, he walketh through dry places, seeking rest, and findeth none.

Mat 12:44 Then he saith, I will return into my house from whence I came out; and when he is come, he findeth it empty, swept, and garnished.

Mat 12:45 Then goeth he, and taketh with himself seven other spirits more wicked than himself, and they enter in and dwell there: and the last state of that man is worse than the first. Even so shall it be also unto this wicked generation.

This is why we ask The Holy Spirit to fill the house (soul) so demons do not have a place to come back in and must persuade you to let them come back in which is why holiness is so important in keeping them out.

This ministry of deliverance removes all Satan placed on a person, in their mind and/or soul, when they belonged to his kingdom.

When you become a Christian God may heal you and/or remove demons you picked up. They are removed from your Spirit because The Holy Spirit takes over it but they may still be in your soul causing you problems.

Deliverance was a normal ministry to those becoming Christians in the early church but is ignored today because people do not realise demons can still inhabit the soul of Christians.

Deliverance heals the spiritual damage Satan did to them, removes any demons in them and sometimes heals any physical damage related to the area being delivered in.

It is actually a lordship decision which is why Jesus showed we should do deliverance using a lordship prayer rather than needlessly fighting demons.

It is based on James 4:7 which says:

Jas 4:7 Therefore submit yourselves to God. Resist the devil, and he will flee from you.

The delegation to remove the demons is found in Mark 16:17 which says:

Mar 16:17 And miraculous signs will follow to those believing these things: in My name they will cast out demons;

Note the use of the Name of Jesus is to cast out demons and attack their works and not as an automatic conclusion to prayer.

If you believe modern Bibles are the best translation then you have a problem as you really cannot do deliverance using them as they imply this delegation was put in by men and not Jesus.

They do this because the Greek codex they use to translate modern bibles does not have this verse in. The problem is that it was in the original codex but was left out for some reason when they were published.

There are two principles in the method of deliverance Jesus showed me:

Give what is being requested to be delivered to Him to be Lord of so Satan has to fight Jesus for it or persuade you to give it back to Him

Tell Satan to go so He knows you do not want what he offers you.

This is the basis of a simple five step process Jesus taught me requiring no experience and I have used it for years successfully.

The Pattern is as follows:

Give to Jesus to be Lord of what you desire to be delivered from.

Check there is no unforgiveness or sin you do not want to give up.

Command Satan to leave in Jesus Name

In The Name of Jesus command healing and restoration in accordance with the Will of God

Ask The Holy Spirit to fill you with His Presence so that there is no place for demons to come back in.

The instructions for the saying the deliverance prayer are as follows:

Deliverance is between you and Jesus

No one needs to know anything about you including your name and no one needs to know what you desire deliverance from as it's between you and Jesus

You are not to say anything during the deliverance except to ask to make clearer something that was said.

You do not need to say anything out loud as it is between you and Jesus so all you need to do is agree in your heart to give these things to Jesus.

Steps three and four need to be declared and can be whispered as you are exercising the delegated authority over demons that Jesus has given you so only you, Jesus and Satan need to hear them.

Because you give the thing to Jesus to be Lord of demons have to fight Him for it so do not manifest in any way during the deliverance. It is no use them fighting you as you have given it to Jesus.

You also need to learn these steps as they are how you fight Satan's attacks on you and protect what Jesus has given you to be steward of.

We use a list of items in the deliverance prayer so you can refer back to and check you have given them to Jesus. Satan is a Legalist and having a list like this removes some of his power over you by stopping him causing you to doubt any deliverance you have had in the areas listed. You can always go back and check the list to see if it was covered. It also helps you see what he is trying to have you accept by placing thoughts in your mind to imply you have not been delivered from that area.

If it is not in the list then you can use the five steps to deliver yourself from his influences on you in that area.

So, in the future you ask The Holy Spirit if you need deliverance from anything (in other words whether the demons are in your soul or outside of you) or need to protect it with The Five Steps.

The next talk in this series is the deliverance prayer you can say by yourself or have someone read to you and all you have to do is agree with what they say in your heart.

The prayer.

The Deliverance Prayer

This document contains the deliverance prayer so you can pray it or someone can pray it for you and all you have to do is agree with it in your heart.

You do not need to say it aloud but can agree with it in your heart which is all Jesus requires of you.

It is the second in a series of lectures on deliverance.

You really need to listen to the first talk which introduces this prayer.

You should also listen to the talk that deals with what to do after deliverance.

The prayer.

Step 1

Give to Jesus, quietly in your heart, anything that troubles you. You do not need to name the sin(s) but just the area the sin is in, weakness or problem in you which you desire Jesus to be Lord of. All you need to do is to agree to completely give it in your heart to Jesus to be Lord of.

In James 5:16 we are told to give our faults (areas of weakness) and not our individual sins to others so it is also with Jesus in deliverance.

Remember you give Jesus everything in the area so that things you do not know you have in that area or have done in that area are also given to Him along with anything associated in any way with the area(s) you are giving Him. You do not need to mention individual sins but areas the sins are in as long as you repent of any sin that surfaces after deliverance so that you no longer do them.

You give the causes and results of the things given to Jesus along with anything else associated with these areas so these are also caught in the prayer.

The following prayer or abuse of any kind does not need to be said if it does not apply.

For ritual abuse of any kind, trauma, abuse verbal and/or physical (e.g. of a spouse)

Lord I give you all the abuse and trauma I have experienced for you to be Lord of.

I give you the causes and results as well as anything associated with these.

I give you any divisions and hidden rooms these caused in my soul to be Lord of and integrate back as one soul

I give you any wrong contracts, agreements worship and knowledge which is not of your Kingdom.

I give you the causes, results and anything associated with these to you to also be Lord of because I desire you to be Lord of all my life.

Give to Jesus (that is relevant) any:

Your hearing of The Holy Spirit

Your relationship to The Father as an adopted child of His

Your relationship to Jesus as a citizen of His Kingdom

Your relationship to The Holy Spirit as your guide and guardian on earth.

Wrong attitudes toward God

Wrong attitudes toward others

Moral weaknesses you have

Sins or areas of sin you have trouble defeating

Loveless acts toward others and how you expressed God's Quality towards others

For speech problems

I give you all negative thoughts, fears, doubts, self-esteem and evaluation of self-worth to you or to myself and anything that cause me to speak in a way that does not glorify The Kingdom of God.

Give all the Circumstances or events you are anxious or concerned/worried about.

Any wrong emotions, habits, attitudes, reasonings, values or wrong coping mechanisms you have

Wrong imaginations, understanding, knowledge and learning or ways of thinking,

Any curses over yourself from any source

Attitudes

Fear of Authority

Fear of Failure

All others fears

Self-rejection and low self esteem

Wrong worship and praise attitudes

Family

All social activities

Betrothal (engagement)

Any marriage, family and any problems in that area

Relationships with all relatives

Ministry

Ministry

The way you serve Jesus and others

New Age

Astrology, horoscopes, palm reading, necromancy, fortune telling of any kind or any thing similar to any of these thing you have done or thought to dos.

Past All the failures and wrong things I did in my life.

Hurtful memories or trauma you have had that cause you problems of any kind.

Past hurts, traumatic events and other events that have hurt you in any way

Wrong contracts or agreements you have entered into. (except those with the devil as you Current cannot get out of them)

Personal Matters

Any wrong soul ties

All abuse suffered

All relationships you have

Any mental illness you may have whether or not you know about it

Any suicidal thoughts

Any partitions in my soul or hidden things you do not know about

Attitudes, Character

Mind, body, emotions, will, soul - all you have been, are and will be

Objectives and purposes

Self worth, self value and self esteem

Spirit, soul, body, mind, emotions, flesh

Thoughts, daydreams and imaginations

Your sexuality and its expression

Work attitudes

Employment

Objectives and purposes

How I serve others

My sleep

My recreation

My media watching

Trauma of any kind I have suffered

What I live in

Whatever else I am a steward I have not given to you

Give The Holy Spirit anything He tells you now to give to Him for Jesus to be Lord of and to make certain you have not missed anything.

Anything, in you or that you have done that is, not of Jesus or His Kingdom of which He is not already Lord of. Whether or not you know they are there,

The area of any sins you have problems with and any sins Jesus tells you to confess (to make you more aware of their being dealt with in this deliverance)

Give Jesus the causes and results of all these things as well as anything else associated with them in any way then pray as follows"

Hidden rooms in the soul

They are rooms Satan has blocked off and claimed so you need to give them to Jesus as follows:

Lord Jesus, I give to you anything or areas in my Soul Satan has claimed and uses whether it is a hidden room, stronghold or an artifact of his planted there. I give them to you to be Lord of.

General Repentance

Lord, Jesus, I want you to be Lord of all my life.

I give it to all You, as well as anything that stands between You and me, whether or not I know they are there as well as anything I have not given to you already to be Lord of.

Show me these things Lord that separate us so I can deal with them as you desire me to deal with them. I want to do Your will in all I do Lord, and I ask You to help me to do this.

I give it all to you Jesus, for You to be Lord of so that You are Lord of all I am.

This can also be said in your heart so no one hears what you are giving to Jesus

Step 2

The Father in heaven says you are to forgive everyone who has hurt you in any way. If you deliberately do not forgive anyone who has hurt you, The Father in heaven will not forgive your wrongs against Him. So:

You do not go to heaven (Matt 6:14-15).

You do not get deliverance.

You may need to pray as follows and in your heart name any people The Holy Spirit brings to your memory.

Jesus, I forgive all who have hurt me.

I also forgive myself for what I have done.

Lord! Help me to forgive those I have problems forgiving. So I can obey you fully.

Give any problems you have reconciling to another because this is usually caused by Unforgiveness or fear of man (or woman). You may need to pray: as follows:

Lord Help me to reconcile to those I need to reconcile too and to do what I need to do this.

The lord requires you to try to reconcile but they may not be interest in reconciling. As long as you have wholeheartedly tried to reconcile it does not matter if the other person does not want to be reconciled. It may be too dangerous to try but as long as you really desire to reconcile and are waiting for Jesus to make it possible you have satisfied God's requirements in this area. You may also need to repent of a sin you know you are doing as well and give it to Jesus to be Lord of.

You may need to pray in your heart:

Lord, show me what I need to repent of. I ask you to be Lord of it.

Then repent in your heart so only Jesus need hear

Lord I repent of ...[name the sin(s) or area(s)] and I want to stop doing anything that I am doing that is wrong. Help me to do this so you can be completely Lord of my life.

You may need to give it as a new step 1 in this prayer before you go on.

Step 3

This can be whispered but must be said audibly even if you do it under your breath so that only you can hear it. Jesus and Satan will also hear it which is all that matters.

Now in the Name of Jesus command Satan to leave and go to Jesus and to take all He did to you with him:

Satan I have given all these areas of my life to Jesus to be Lord of. So you must go from these areas in Jesus' Name to the Throne of Judgement to be dealt with by Jesus.

In Jesus' Name I command that you are, to take with you everything in, on or around me or that you have done to me at any time

Demons do not manifest as they are now fighting Jesus over what you have just given to Jesus to be Lord of and not you so they know they have no chance of winning so do not waste their energy.

Step 4

This can be whispered but must be said

In accordance with the Will of God, in Jesus' Name I command healing of everything Satan did to me and In Jesus' Name I also command restoration of the sound mind and soul as well as all else that Satan took from me or damaged in accordance with your will for me Jesus.

Step 5

This can also be said in your heart so no one hears what you are giving to Jesus

Holy Spirit please fill me completely, refresh me and anoint me freshly to serve Jesus as an obedient citizen of the Kingdom of God, and member of The Body of believers which is in heaven and on earth.

Step 5 was also mentioned by Jesus to a lady who went to heaven. Its stops demons coming back into the soul in the areas they have been forced to leave.

Father, Lord Jesus, Holy Spirit, ministering angels.- I give you all permission to do anything you need to do to me or for me without the need to ask my permission to do these things.

Satan will try and convince you by placing thoughts or feelings in you or emotions you have that you have not been delivered. Just give these to Jesus using the five steps which form the basis of the deliverance prayer above.

Remember that All shame, guilt and condemnation comes now only from demons as the reasons for them were dealt with at Calvary. The Holy Spirit convicts so that you will have a lack of peace over the matter and never condemns, shames you or makes you feel guilty. So if these occur give them to Jesus using the five steps.

Shame makes you feel you are a terrible person. Conviction does not because it guides you to do the correct thing which is one of the roles of The Holy Spirit. Having bad thoughts is not sin. Acting on them and enjoying these is, even if it is only in your mind.

This is dealt with more in the next talk.

Note:

Remember you will fail but God understands and knows we are dust and all you have to do is to wholeheartedly repent if necessary, use the framework of the five steps and learn the lesson God desires you to learn and then you need to continue to wholeheartedly try to do God's Will.

God does not judge you by your results but by the heart attitude in which you do the task. If we were all judged by our results very few would make it to heaven.

Remember! There is no more shame, guilt or condemnation for any sin or failure because these were all removed at Calvary. When you fail, learn any lesson and keep on going remembering the principle in Luke 9:62.

Luk 9:62 And Jesus said unto him, No man, having put his hand to the plough, and looking back, is fit for the kingdom of God.

The past is to learn lessons from and not to live in or be controlled by it.

Remember that earth is God's training ground and preparation ground for eternal life in heaven so that we need to learn the lessons God gives us.

The race is not to the fastest or the most knowledgeable but to those that endure to the end in spite of all the failings they will make as they do this race.

Remember: The Holy Spirit will convict you of a sin and help you overcome the temptation or trial. He will not cause you to feel shame, guilt or condemnation. And also, you do not sin for having wrong thoughts as Satan will place these in you. You sin by accepting them and doing what is suggested to do by them. The sin occurs when you agree to do the action in your heart and not whether or not you carry it out.

God does not look at your results but at your attitude in which you did it. This is why control of our thoughts are so important.

Either you control your thoughts or Satan will try to use them to control you.

Satan can only get you to sin if you agree to do what He suggests you do which is why it is always important for Jesus to be Lord of all you do!

After Deliverance

This talk is on what to do after the deliverance prayer

You should have listened to the two previous talks before this one before you listen to this one:

Part 1, the deliverance introduction

Part 2, the deliverance prayer.

After Deliverance

After deliverance Satan will often attack you in the areas you have been delivered from to try and convince you that you have not had deliverance. Because Jesus is now Lord of these areas Satan will find it difficult to cause you to sin in these areas.

Satan will place thoughts in your mind of past temptations to imply you were not delivered in the hope you will believe him, give up fighting these thoughts or emotions and continue to sin believing you cannot be delivered in this area of sin .

Just keep giving the nature of the attack to Jesus to be Lord using the five steps and you will also take care of any deliverance needed.

You will find it easier to resist these attacks as they are now sourced externally and not internally.

If you sin just remember that in 1 John 1:9 we are told: (KJV) If we admit our sins (to Him and not a person), He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. You also cannot deal with a weakness unless you admit you have it so admitting it to Jesus serves two purposes.

If we admit our sins and weaknesses to Him, God forgives us and removes from us all the spiritual consequences of the sin (because of Calvary) providing we wholeheartedly repent and wholeheartedly try not to do the sin again. We also know what we need to deal with and give to Him to be Lord of.

Jesus knows we will fail and all He asks is that you wholeheartedly keep trying not to sin. Jesus does not look at your successes or failures but at the heart attitude you had while you tried to do His Will.

Remember, Satan can only get you to sin if you accept what he suggests you do.

To deal with these attacks just use the framework of the five steps giving the type or area of attack to Jesus. You only need to name the area of attack and all the demons in that area are removed. You only name individual sins, things or demons if The Holy Spirit says too. And remember they can be given to Jesus in your heart so no one knows but He what they are.

Often a lower class demon is called by the name of the area they attack in and these are the ones usually attacking you..

Any thought, imagination, wrong reasonings, arguments, emotion, sensation or feeling that is not right in your spirit give to Jesus as these are placed there by demons who can affect your emotions and feelings and place thoughts in you that are not correct. God only gives us good thoughts and things so evil only comes from Satan. God may have to Allow them because they are the consequence of your actions but He does not give them to you.

Remember that shame, guilt and condemnation comes now only from demons as the reasons for them were dealt with at Calvary. The Holy Spirit convicts so that you will have a lack of peace over the matter and never condemns, shames you or makes you feel guilty.

So if these occur give them to Jesus using the five steps. Shame makes you feel you are a terrible person. Conviction does not because it guides you to do the correct thing which is one of the roles of The Holy Spirit.

Having bad thoughts is not sin. Acting on them and enjoying these, even if only in your mind, is sin.

2 Cor 10:5 casting down imaginations, and every high thing that is exalted against the knowledge of God, and bringing every thought into captivity to the obedience of Christ;

Phil 4:6 Finally, my friends, keep your minds on whatever is true, pure, right, holy, friendly, and proper. Don't ever stop thinking about what is truly worthwhile and worthy of praise.

Note: Remember you will fail but God understands and knows we are dust and all you have to do is to wholeheartedly repent if necessary, use the framework of the five steps and learn the lesson God desires you to learn and then you need to continue to wholeheartedly try to do God's Will.

God does not judge you by your results but by the heart attitude in which you do the task.

If we were all judged by our results very few would make it to heaven.

Remember! There is no more shame, guilt or condemnation for sin or failure because these were all removed at Calvary. When you fail, learn any lesson and keep on going remembering the principle in Luke 9:62.

Luk 9:62 And Jesus said unto him, No man, having put his hand to the plough, and looking back, is fit for the kingdom of God.

The past is to learn lessons from and not to live in or be controlled by. Remember that earth is God's training and preparation ground for eternal life in heaven so that we need to learn the lessons God gives us.

The race is not to the fastest or the most knowledgeable but to those that endure to the end in spite of all the failings they will make as they do this race.

Remember: The Holy Spirit will convict you of a sin and help you overcome the 2 temptation or trial. He will not cause you to feel shame, guilt or condemnation.

You do not sin for having wrong thoughts as Satan will place these in you. You sin by accepting them and doing what is suggested to do by them. The sin occurs when you agree to do the action in your heart and not whether or not you carry it out.

The next talk is on the Five Steps which is the basis of deliverance and spiritual warfare and is the way Jesus showed me to do these things.

Background to the Five Steps

For years I practised deliverance the traditional way: finding out background information on the person (often intrusive and very personal) fighting demons, either individually or in families both on and off the Internet. I saw much deliverance and some healing. But the deliverance on the net exhausted me from all the typing. So I asked Jesus why it was not as easy as when He did it.

The Holy Spirit gave me understanding of why Jesus was able to deliver as He did and I started to apply this to the Internet ministry that I had been given at that time. Overnight the ministry changed. I no longer needed to know anything about the person, either their name, their history or sins; because Jesus knew them already. Deliverance was more complete with little energy needing to be expended. What used to take weeks could be done in an hour or less at times.

There is still follow-up deliverance on these people, but nothing as intensive as it used to be. Full deliverance may still require a few sessions, but I do not need to get life histories or work through all the sins of a person, saving hours and lots of embarrassment, especially where sexual sins are involved.

You may need to discuss areas of sin at times but not individual sins. So you may need to discuss sexual problems but not the details. You may need to know they were unfaithful or had premarital sex so you can pray properly for them but not every time they slept with someone or committed adultery. The weakness and its cause is to be dealt with and not the sins as these have already been forgiven at Calvary and all the person needs to do is to repent.

I was shown five principles which I use constantly and which I teach the people whom Jesus uses me to deliver. They are taught to use these principles to do deliverance and to fight the devil when he attacks them, as well as to help others to obtain deliverance. There is no need for the person seeking deliverance to know anything except Jesus as Lord, to give Him their problems and

weaknesses, repent of any wrong attitudes or actions (sins) and to forgive all who have offended them.

A new Christian can lead people in these five steps. All they need to understand is their delegated authority and even then, it is The Word (Jesus) that delivers not the person so even then a proper understanding of this is not necessary as Jesus honours His Word and the heart of the person seeking deliverance and not the person saying the prayers for another.

The five steps are a framework (principles) on which to base prayers used for deliverance and to fight Satan. They are not a rote prayer or magic formula so should not be treated that way but are an expression of the lordship of Christ over all things.

Jesus gave us authority over demons (Mark 16:17), but we must live the lifestyle that allows that authority to rest on us in order to be used in this ministry. Jesus also gave us authority over sickness in Mark 16:17 as sickness is part of the works of the kingdom of darkness that occurs after sin has happened. Satan can only do his evil to us if we allow Him too (or in the case of children the parent or guardian allows him too) by allowing him to take control of a part of us thus placing it under the authority of his kingdom.

Satan can only get you to sin if you accept what he is suggesting you do. It is not thinking about what he suggests that is the sin. The sin is actually deciding to do something about it even if nothing actually happens in the physical realm. You have accepted the thought in your heart so that Jesus is no longer Lord of that area. The fact you desire in your heart to do it is all that is needed for sin to occur.

But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.

The Five Steps to Victory and the reasons for them

These steps are not to be said as a magic formula as they are not one. They are only a framework of principles to use. They are a giving in your heart of these areas to Jesus for Him to be Lord of repenting of any wrong done in these areas, removing Satan from them and all the damage he did in these areas.

First I give the step and then the reason for the step.

Step 1. Give the area, weakness, circumstance, event, oppression, sin or temptation to Jesus to be Lord over it, along with all the events leading to these things the consequences resulting from these things as well as any areas associated with what you are giving to Jesus to be Lord of.

What Jesus is Lord over, He can help you with and protect, so that Satan can not use it against you. When Jesus is Lord of an area of your life Satan cannot use it to try and convince you to sin as you do not want to accept what he offers. To control any area Satan needs to deceive you so you will accept his control over it.

Step 2. Repent of any wrong attitude in you, either known or unknown to you, or any wrong thing done by you. Forgive all those who have offended you and yourself as well as repent of any bitterness, root of bitterness anger and wrong attitudes in your heart (whether you know of them or not) towards anyone (including yourself).

Repentance is a turning away from the things of Satan to the things of God and is a confirmation of your decision to give Jesus Lordship in that area repented of. Repentance is usually of a blanket type when using The Five Steps and does not need to be specific (unless specific things are being given to Jesus or The Holy Spirit calls specific things to your remembrance). It is the heart attitude that is important not the words.

It is necessary to forgive others or The Father in heaven cannot forgive your sins and you do not go to heaven. If you keep bitterness, root of bitterness, anger or any other wrong attitudes in your heart you are in unforgiveness.

Not wanting to reconcile to another who has offended you can be a sign of unforgiveness.

You may have to pray *“Lord I forgive all who have offended me. Help me to forgive them please”*.

You must also give up any sins you do not want to and this is best done using step one.

Step 3. Command Satan in Jesus' Name to leave the areas or things given to Jesus and go to The Throne of God and be judged and to take all he did to the person with him.

It is a battle of kings, so you address the enemy king and tell him to leave control of the territory (in your soul) that has just been given to Jesus, otherwise he will not go. That is why prayer alone is ineffective, as it still leaves the demons around since you have not commanded them to leave. As the area is delivered from the control of the kingdom of Satan to the control of Jesus all that is in there of Satan (demons, illness caused by them) must go.

Because Jesus now has the area given to Him to be Lord of Satan no longer has it to hold onto so must go when commanded to do so in The Name of Jesus from that area.

Jesus has the right to heal illness when it is best for the purposes of His Kingdom so if healing does not occur ask why and you may find it is a timing issue (for the purposes of The kingdom) or more repentance needs to be done.

Step 4. Command healing and restoration in Jesus' Name and if necessary, the healing of the sound mind, the wounded spirit, the soul and the 'heart of flesh given to you by Jesus as well as any integration that is needed of the personality because areas of the mind and personality were previously blocked off and controlled or badly influenced by demons that have now been removed from these areas.

This removes damage demons have done to you.

I just command healing and restoration in accordance with The Will of Jesus and this seems to cover all that Jesus wants to do in these areas.

Step 5. Ask The Holy Spirit to fill you and to take the place of any demon(s) that have left.

This replaces demons that left your soul (house) with The Holy Spirit. Our spirit is filled by The Holy Spirit, so demons cannot get into it, and they complain about this bitterly. Our soul (house) is where demons live, so as they leave, you need to replace them with The Holy Spirit. If you do not do this, seven worse demons will replace them very quickly and the person will be more worse off than before.

The Five Steps are all based on Worship

- Step 1. We give these things to Jesus because He is worthy and can deal with them in a worthy fashion. We love Him and thus worship Him by trusting Him with the things we give him. We also declare He is Lord of all as we do this and that He is greater than Satan.
- Step 2. We repent (admit we have fallen short of His standards) and by this worship Him showing that we consider His values more worthy to follow than our own values and purposes and that we desire to live according to His standards.
- Step 3. He is more worthy than Satan having defeated him by His sinless life as well as His death at Calvary, so Satan must do what is commanded in the authority of Jesus (as he and his demons are now 'spoils of war' and the prisoner of Jesus). By using the authority Jesus has delegated to us over Satan, we show we consider Jesus to be more worthy of worship than Satan.
- Step 4. Jesus is worthy to be worshipped as He has authority over all the natural world as well as the spiritual world so He can command healing of body, soul and spirit. We use His authority delegated to us as an act of worship to Him as we command these healings in His Name in accordance with His Will.
- Step 5. We desire to be Like Jesus (as He is the most desirable person we know) and as an act of worship ask for His Spirit to take the place of the enemy that has been evicted from us so that His Spirit can guide us and mature into the image of Jesus.

The basis of what to cast out in the framework of the five steps is giving an area of your life to The Lord rather than fighting individual demons. For example, a person may have a problem with various areas of pornography. The person does not have to declare each area they have problems with but gives the whole area of pornography in his life to Jesus to deal with and be lord of. He will do a general repentance for the area of pornography in his life and not each specific thing unless told to by The Holy Spirit.

When a demon enters, they invite others in so that there may be many demons. If you fight individual demons you need to remove them one at a time. If you give the area to The Lord then all the demons in that area have to go when cast out from it.

This is why you give areas, events, weaknesses, circumstances, agreements etc to The Lord so everything in that area is dealt with at once. You do not need to ask for forgiveness of individual sins as they were forgiven at Calvary so a general repentance only for the area is required. Such as:

Lord, I am sorry for all the things I did in this area (name the area) and will try to not do them again.

Remember the area can be named in your heart so that only Jesus knows and that is what is important and also that you are to give what you know you have wrong and not what others say you have. Just in case they are right it is probably a good idea to ask The Holy Spirit if they are correct and to give these things to Jesus also if they are correct in their criticism of you.

It may be necessary to examine types of sins to determine the root cause so you know which area(s) to give to Jesus but usually it is not necessary to examine the individual sins of a person to determine what the area is that is to be given to Jesus.

Jesus knows all our sins so we do not need to confess them individually but just the area of weakness they are in. All he asks is that we wholeheartedly try not to sin in that area and if we do then we give it back to Him to be Lord of using the framework of the five steps (unless it is an external attack in which case, we use the last three steps) and keep on trying not to sin.

Note

The five steps are not a litany or magic formula you recite by rote but are a framework of five principles to use like a ladder. Each rung leads to the next rung and on each rung you place what is appropriate to that rung, The first rung is the one that varies according to the situation, and is based on giving the situation to Jesus to be Lord of. The rest never change.

How to hear The Holy Spirit

To be a child of God you need to be guided by The Holy Spirit. The following section is included so you will know how to hear The Holy Spirit.

We are told that to live the Christian life we need to be guided by The Holy Spirit.

So it is important to be able to hear The Holy Spirit clearly as He is your guide to live as Jesus desires you to live and to fight Satan in the way Jesus desires you to fight Satan. Remember that to be an adopted child of The Father you need to be guided by The Holy Spirit (Rom 8:14).

Preparatory Prayer

Lord, I want to hear The Holy Spirit correctly so I can do Your Will and be guided to be your follower and live as an adopted son or daughter of The Father. I give this desire to you and am sorry for anything I have done wrong in this area or associated areas of hearing The Holy Spirit.

In Jesus' Name I command any demons that are blocking me from hearing and understanding the truths and guidance that The Father, Jesus and The Holy Spirit desires me to hear and understand so in The Name of Jesus I command you to go immediately to The Throne of Judgment to be dealt with by Jesus and take with them all they have done to me. I ask You, Holy Spirit, to take their place and fill my soul so they cannot come back in.

How You Hear Him

Unless The Holy Spirit or Satan actually appear to you, they can only talk to you in your mind. When they are communicating with you it is as if they are your own thoughts or that you are talking to yourself. People often mistake this for a disorder as if there are apparently two personalities in them when demons are speaking audibly in their mind. Also, when The Holy Spirit is speaking, they usually think it is their own thoughts. So you need to know who is interacting with you. They both communicate through: thoughts, dreams, day dreams, emotions, sensations, feelings etc.

If it is not your thoughts, or one of the other communicating methods, then it is either The Holy Spirit or Satan placing them there. You can actually hold a conversation with the Holy Spirit or the demons representing Satan and ask them questions and they will answer. Only answers from The Holy Spirit are 100% truthful. Demons will answer in a way that furthers their purposes for you.

You will need to silence your mind. You may have trouble hearing Him (The Holy Spirit) especially if you are in a place full of distractions or in a place where Satan rules. Remember, The Holy Spirit, has a still, small (quiet) voice.

He will place an impression, picture, or thought in your mind, give you an emotion or feeling, or even speak to you in an audible voice. You will know it is from Him as it will not cause you to fear. He may speak in other ways than these, but these are the normal ways. You may feel a check in your spirit which is a 'No'. If He does not reply it is also a 'No', so you ask Him the reason why He said 'No' as He may tell you and you may find out more by this than by the answer you wanted.

If He gives you an answer it will line up with The Bible, and you will have peace in your heart over it. Remember, God will not contradict His Bible.

Satan will try to cause you doubt about what you are hearing then cause you to reason that it is wrong or impossible so that you believe you are not hearing correctly. Satan will also at times place fear or other wrong emotions or feelings in you to cause you to doubt God's Love, Control, Plans or Purposes for you. Satan does this to take away your trust in God and His Love for you, your Joy in Him as well as rewards and the things God has for you.

Satan will also try to have you misinterpret or misapply The Bible in a way that suits his purposes. At times Satan will block you hearing The Holy Spirit so you need to cast him out and stop him doing this and ask the Holy Spirit again what you desired to know. If you do not hear from The Holy Spirit, ask the following:

Are you in a place in which Satan rules so that the spiritual atmosphere is blocking The Holy Spirit?

Are you in sin (especially unforgiveness) and do you need to deal with it using the five steps?

Are you to ask this particular question of The Holy Spirit? If you do not get an answer, it may not be the time to ask It may not be the time to receive the answer It may not be an appropriate question to ask. So ask Him why He did not answer and this may be more important than the actual answer to the question you asked Him.

Jesus may not want you to have the answer so Satan will not know what Jesus is going to do and try to stop it or replace it with his version of what you are to do:

Are you to command demons that are blocking you from hearing the Holy Spirit to leave in Jesus' Name?

Do you really want to hear the answer?

Are you seriously listening or just going through the motions of listening?

You do not really need to know what God is doing as God will always do His best for you if you seek to know Him better and to do His Will. As long as you obey what you know He asks you to do, you will be on the path He has prepared from before creation on which are all the things He needs you to do as well as all the promises and blessings He has given you (Matt 6:33, Eph 2:10).

A danger is to desire something so much you do not hear God's answer but one Satan is able to give because it is the one you want to accept. This is why it is good to have another witness like the Bible recommends whenever you have an answer or prophecy from The Holy Spirit.

The Holy Spirit is your Companion in this life, so it is necessary to be in continual communication with Him as He helps you to navigate the traps of Satan and do the Will of God.

It is hard to be a child of The Father if you do not know what He desires you to do and The Holy Spirit has been given so you can hear what The Father desires you to do so you need to be able to clearly hear Him.