

Abuse of Women

Note that most of what follows also applies to men as well but as this chapter is to do with women it is assumed the abuser is a man.

The abuser normally has a very insecure and low opinion of himself. His self-worth is very poor and they need to keep others under their control or in bondage in order to feel secure and/or superior and worthwhile as a person.

Abuse usually goes down through the generations of a family (as a cycle of abuse). Family members grow up in the abusive situation and come to consider the abuse as the normal way to live and thus raise their children in the same way, with the same abuse. Often times, the abused individual does not realize the abuse for what it is, as they have grown up with it. Deliverance of the abused person breaks the abuse cycle, so that future generations do not suffer as they have. This deliverance is especially important for parents with young children to ensure that the children are not abused by the parents so that they do not suffer as the parents did and thereby, end up abusing their own children.

The lower the self-worth/esteem/value of the person (in their own eyes) the more defensive, legalistic, controlling and perfectionistic the person seeks to become. This control of others allows them to believe that other people are greater failures than they are, so they feel better about themselves because these other people can rarely or never achieve the standards the abuser expects of them. The more insecure and fearful they are, the more controlling they become of their environment and the people in it as they have security in their control and not in Jesus. Incorrect pride is another manifestation of this low self-worth.

The abuser may be a complete failure as a person, and usually is, but is deceived by demons into thinking they are wonderful and superior to everyone else. They are usually heavily demonised if a Christian.

In the case of verbal abuse, Satan has to have you to believe that someone else's wrong opinion or evaluation of you that feeds your self-worth, is correct. Once this is accomplished you will accept the abuse. Satan needs to replace God's Love and opinion of yourself with the one he wants to place on you. Then, he uses low self-esteem, lies you have accepted about yourself and hopelessness to keep you trapped in the abuse.

The whole reason for abuse is to stop you from realizing God's Love towards you and how much you can be used by God. If you do not realize God's plan for you, then you will not be a threat to Satan or live a joy-filled life in a correct, vital relationship with Jesus, The Father, The Holy Spirit

and others and by this demonstrate the superiority of the Christian life over what Satan offers.

Abuse drives away love. People shut down inside and do not know how to let anyone in past the walls they have created, as the last person they let in hurt them very much and usually it is someone they love so the hurt is greater.

Some women can actually have a hardened-heart, pain so great that it is an impenetrable, calloused shell can only be broken by Jesus. Once the shell is broken, underneath it is very soft, very hurt, very weak, loving person. That's why the shell was put up in the first place, to cover and protect the wound instead of healing it. Exposing the wound again will hurt twice as much as a result. These women have to be handled gently with uncompromising, non-critical love.

Relationships require risk and trust. How to trust again is a big issue. How to let anyone close enough to break through the shell around the heart is difficult to work out at times, but Jesus can do it.

Six Types of Abuse

In reality, abuse is usually a combination of some of the following six types, in different combinations. It is almost always more than one type. The effects of abuse are also complex and usually never just one reaction but a mixture of reactions and coping mechanisms.

Emotional/verbal

Verbal abuse is emotional in nature. The abuser attaches conditions to giving love and acceptance so that it becomes necessary for the abused person to work at a certain level or do certain things to 'please' the abuser. This leads to legalism, low self-worth, perfectionism and similar traits. There is seldom praise and the normal feedback is derogatory to the person and does not usually reflect the abused's abilities.

Love withheld

Acceptance withheld

Worth withheld

Always face judgmental and legalistic attitude of the abuser

Mental

The person's intelligence and/or abilities are criticized so they are made to feel inferior and not normal or mentally adequate. This can lead to personality type disorders as well as low self-image.

Negative comments on intelligence

Negative comments on sanity

Negative comments on their identity (personality)

Negative comments on their ability

Physical

The abuser uses force to control. This can lead to fear of authority, mental problems and low self-worth. Rape and molestation are normally both physical and emotional abuse combined. This also can be because of beatings that were received for no valid or reasonable reason.

Deprivation of necessities

Violence

Rough handling

Intimidation

Sexual

The abuser uses sex to satisfy his lusts or believes sex = acceptance = love. This abuse leads to fear of authority (often step- or real father, uncle, brother or grandfather are involved in childhood molestation) so that the abused person's image of God, The Father is marred. All abuse does this in some way but sexual abuse involves more areas of abuse than most and seems to make this fear stronger than in other lesser abuses

The abused individual feels worthless and dirty. Also, a wrong attitude towards sex results so the marriage bed is affected. In severe cases, major mental problems such as Multiple Personality Disorder or other similar disorders may result, especially in gang rape or cases of Satanic Ritual Abuse.

With sexual abuse, there is also the case of people giving sex in exchange for love (the old lie that 'sex with me means he loves me') and being dumped afterwards. The dumped person feels used and betrayed and is destroyed emotionally by this. Her self worth and self-esteem are destroyed as well.

In a marriage the woman, after having sex with her husband will feel used or like a prostitute and sex becomes an event to be dreaded at the worst or at best a duty of love that is not enjoyed as it should be.

Sexually abused people can feel dirty and worthless, so they never really have joy or expect to have joy, and have little expectation of doing anything worthwhile or of finding real happiness. These attitudes occur in all abused people in some degree but sexual abuse seems to heighten them. This is probably because the whole person is violated and not just a part of them. The whole being, spirit, soul (mind/emotions), and body are engaged or involved during sexual contact.

Usually sexual abuse occurs through molestation or rape (especially in young children).

Sexual abuse in marriage can also occur when sex is withheld or used as a reward for conditions placed upon the partner's obedience. Some times it may be marital rape.

Spiritual

This abuse is a result of legalistic and perfectionist parent(s) who do not know the Grace of God and thus 'work' their way to Heaven. It presents a merciless God that affects the child's image of God. It uses the Bible as a whip and denominational rules as bondage.

The other form of spiritual abuse is from Christians and pastors who criticize and wound people, making them feel that they have sinned so badly that God cannot use them. These people cannot face God and believe they are not worthy to serve Him. Jezebel spirits are good at this as are pastors who walk in the flesh and not the Spirit.

Legalism (rules more important than the person)

Abuse of authority over family by husband or abuse to a church by a minister or denomination (headship abuse)

God's love and mercy not shown

Obedience - acceptance

Economic

The abuser controls the money supply and possessions so that the abused person is completely dependent on the abuser. This ensures the abused person cannot leave the abuse situation, as they have no money to do so and often must beg to get it and endure a tirade of how bad they are at using money wisely and how fortunate they are to have the husband provide for them.

Control of finances and investments

Control of property

Control of purchasing for house necessities/shopping funds

Control of activities including spending

In all cases of abuse, God's Love is missing and this is why the abused person develops wrong attitudes and coping mechanisms. To get attention (attention = love) people will do negative (wrong) things, even though they know that they will get into trouble, For a child, any attention is better than none, so much do they need love and attention.

The abuser will tell you that the truth is even though it is wrong and you are trying to correct them. It is like taking to a brick wall.

n summary

Laziness or lack of energy is often caused by depression that is a result of abuse. There are other signs of abuse, such as addictions (coping mechanisms) the abused cannot stop, but these vary according to the person's reaction to the abuse and can be subtle. If you see abnormal behavior in a person, then consider that there may be abuse involved.

When questioning the abused person, show no emotion, but smile and be friendly, as they will often be afraid or ashamed to tell what happened. Compassion toward them can often help in finding out the truth. Any condemnation, criticism, or horror as to what has happened will make them stop talking, as they have already, in their own mind and heart, faced enough of these already and usually have enough self-condemnation to make them ashamed to tell others what has happened to them. As a general rule, overweight people are usually abused people as are usually as they have no self-respect and do not care how they look while very thin people are also abused as they care too much how they look so they can be accepted for their looks.

Results of Abuse

Feeling of isolation

Who can love me, I am so bad or worthless

God cannot

Family cannot

Self cannot

No one knows how I feel; I am so lonely

I am not worth knowing so I won't try any more

Satan uses isolation to stop you from getting help and from finding out that God can deliver you and use you more than you realize. This trapped feeling is because you cannot see a way out, as Satan has hidden it from you.

Feeling of being trapped

How do I escape this?

Who will help me escape?

Will I ever be normal and worthwhile?

Will God ever be able to accept me?

Wrong self image

I am worthless

I cannot be loved

I will never amount to anything worthwhile

Why bother to try and be accepted?

These are the lies Satan uses to stop you from relating to and serving God as you should. Satan's whole purpose of abuse is to create dysfunctional people who cannot relate properly to God or others, or serve Him as He would like them to.

Various mental disorders

As the person believes the lies about themselves, she has trouble facing both her worth and inadequacies and if the trauma is great, she will try to partition off the painful memories. Demons inhabit the partitioned memories and cause the so-called 'alters' of Multiple or Bipolar Personality Disorders to manifest. These are not separate personalities as the spirit cannot be divided, however, the soul can be (the Bible says it has rooms or mansions). As the soul is the filter for the spirit, there is the appearance of more than one personality (spirit) in the person. These personalities are really demons.

Bipolar (double-minded man)

MPD Schizophrenia

Identity problems

Irrational behavior

A possible sign of this double-mindedness, even in a mild form, is having periods of our life which we cannot remember as these are blocked out by the mind because they are so painful and you do not want to remember them. In healing these disorders, it is necessary to ensure that the memories, emotions, and hurts are healed so these can be faced when the demons are cast out and the blockages are removed.

As the personality is affected, it is this that must be given to Jesus to heal.

Fear

Anxiety/stress

Negativism

Defensiveness/self-protection in all things

Hopelessness despair depression suicide

The progression is from a fear, to anxiety, to mental insecurity, to mental illness, or, depression, to despondency, to hopelessness, to suicide.

Results in

Wrong view of the abuser's personality

Hard to relate to our Father in heaven

Hard to accept The Father's Love

Hard to trust men

Because our view of authority (our physical father) is wrong, we do not have a proper view of our Heavenly Father. Problems arise in regard to salvation (works theology creeps in requiring us to feel we need to do things to be saved) and worship (are we worthy enough to be accepted without ritual to make us acceptable?) Such rituals may include: repetitious prayers, long salutary openings to appease God, abject petitioning. These are performed because of lack of belief that God will answer our prayers. We also have trouble accepting the fact that God loves us and that everything works for our best, as we do not feel worthy of His hearing us and loving us.

It also affects our relationships with others, in that we do not feel worthy to relate to others and assume an inferior position, even if only subconsciously. The other extreme is to control people so that we feel superior and thus, in this way, we acquire our self-esteem.

Self-rejection and low self-esteem

Low opinion of abilities

Will take abuse as I'm not worthy of better

God cannot use me

Why bother trying

We do not try to achieve great things, as we do not feel worthy or acceptable enough to do them, and so we settle for what is second best. Our relationships are not correct as our hurts get in the way and we do not know why the problems are there in our marriage or friendships. We also blame ourselves as we are not adequate.

Abusive marriages

I deserve no better

At least I get some love (sex = love usually)

This marriage is better than none, and I cannot do better in a husband

Relationships with anyone who will accept you

At least he loves me enough to talk to me

This is the best I can do, as I am not good enough to have anyone better

In order to develop a relationship with God, it will take effort in doing the things that build the relationship. The degree that you desire to have an intimate relationship with God determines the effort you put into developing that relationship.

This lack of self-worth, self-acceptance, and self-esteem is a major reason why people identify in fantasy with important people or see themselves as famous or esteemed in scenarios which they create in their minds. It is also why people idolize television and movie stars as they live their worth through them and through the actions they carry out on the screen. This is how they get pleasure and self-fulfillment, which they cannot appear to get in real life. Satan has used a lie to replace their reality and the deliverance Jesus offers.

Television soap operas are so popular with women, for their romance and glamour; action movies are, with men, because of their macho actions and attitudes. We are a traumatized age that lives and gets our worth and value, at times, only through movies, television, or sports stars. People who are not damaged do not do this, and you will find that they do not need to watch these types of television shows and movies.

People who have sexual problems in their marriage look at pornography to give them pleasure. This group is another large dysfunctional area in the western world. Husbands do not feel adequate enough for their wives to accept them sexually. Extra-marital sex occurs because they get 'love' from the person they are not married to which seems to be missing from the marriage.

No partner goes to another for love and/or sex unless their partner has problems that need deliverance and often it is a simple thing that marriage has compounded and which deliverance before marriage would have prevented.

Satan controls the media and has used it to keep damaged people damaged, as they rely on the media to meet their need and not on Jesus and His deliverance. While the church hides in its buildings and does not do the works of Jesus, that of demonstrating the Kingdom with signs and authority and God's gifts, this invasion by the media, into our life, will only get worse.

Coping Measures

Coping and dulling measures are designed to numb the pain while legalism, perfectionism and rituals are designed to make you feel secure and acceptable. Coping mechanisms are actually taught by demons that have entered as a result of the original abuse. They are from a secondary infestation of demons. They, in turn, enable a third infestation of demons to enter, which brings in sickness, death, or disability. All disease is a result of demonic intervention. A common pattern that manifests in the area of emotions is fear and anxiety sometimes leading to heart attack or

mental illness. Emotional Trauma leads to Bipolarism or Multiple Personality Disorder.

Sex

I am loved (love = sex)

I am worthwhile (they want me sexually)

I have value (I am worthwhile to have sex with)

Dulling measures

Drugs (alcohol, smoking)

Music (head banging, loud rock and heavy metal)

Sport

Collecting things

Religion

Religion (I am a good churchgoer and do all the things the denomination says, therefore God must accept me, and I must be a worthwhile person since I am able to obey the legal requirement of the church)

Legalism, perfectionism and ritual

Fear of authority so you 'toe the line' and do what they say even though it might not be the right or correct thing to do

Acceptance through performance and obedience so you do what is required no matter what it means

Access to God by ritual or prayers that are established or formulated and 'works'

Security mechanisms that have worked in the past as they appear to 'please God' and be accepted by Him

Wrong view of God's love

Jesus Sets You Free

Deliverance from past bondages and healing of their hurts - One of the purposes of the ministry of Jesus was to set people free from these bondages and hurts.

Proper Biblical coping mechanisms

Know your relationship to God

Know His provision for your resisting evil

Know your worth to Him

Trust completely in His Love, Control, Purposes and Plans for you

Serving the Kingdom as a citizen of the Kingdom

Holiness

Having a proper relationship with Father, Son, Holy Spirit

Helping others to be free from the kingdom of darkness

Deliverance for the abused and fighting the abuser on the spiritual level

The abuser has demons driving them on and exhorting them to abuse. These demons can be bound in Jesus' Name and prevented from using the abuser against you.

All demons need to be removed from the abused and, if possible, the abuser.

Complete deliverance is usually required, although the mental problems that remain are usually not as serious but may still require a little more work. Remember, you need to find the root cause before the person is delivered; do not just deal with the obvious causes of the of the manifestation.

Matters to Learn and Develop

Those who are abused need to know the truths that will set them free.

The Abuser

The Abused

Demons will try to control as much as possible

The abuser has only as much control as you let him in most abuse situations

Demons control the abuser

Jesus is greater and in His Name (authority) the demons can be bound and made ineffective

The abuser must make you think and feel about yourself in an incorrect way in order to be able to abuse you as he wants

The Truths of God about who you are as person along with a proper self-evaluation prevent the lies of the abuser from taking hold.

Those who are abused need to be shown how to cope Biblically and to not use their current coping methods.

The Abuser

The Abused

Works through fear and manipulation

Take the pain to Jesus to heal it and ask Him how to deal with the situation.

Love the person, but not the abuse

Realize who you are in Jesus so the lies of the abuser cannot take hold

Deliverance and healing are required to remove the foothold the abuser has made in your personality and mind.

Cry to Jesus for deliverance from the abuse when it happens

Those who are abused need to assert themselves and if they can't do this in the presence of the abuser, then they should leave the area of abuse for their own sake.

They need to learn how to trust God and His love again.

They need to know how to fight off demonic attacks done through the abuser.

The Abuser	The Abused
Motivated by demons	Need to bind the demons in them so they cannot use them to attack you
Needs deliverance from demons	Need to pray for the abuser so they will see their need for Jesus and deliverance

Their Position in Jesus

Those who are abused need to walk close to Jesus so that they keep their identity correctly in focus and so that they know their worth is based on His worth if their lives, rather than on their actions, works or others' opinions of them. Just as they have received the understanding that their salvation is based on what Jesus has done for them and the fact nothing more need be done, other than believing in faith and obeying Him, so must they also to learn to walk in this attitude and its consequences in their life on a daily basis.

They must also realise that they belong to the Family of God and that they have complete acceptance by Him as a member of His Family. Worship also helps them affirm their position in Jesus and worship is also emotionally healing.

Healing the Wounded Heart

The heart that is damaged places a protective shell around itself so that it cannot be hurt anymore. Jesus can break this shell, but then it exposes all the person's hurts underneath as well as all their fears that caused the shell in the first place. These areas of hurt and fear need healing as well. Once this happens, the person can start to love again.

This can be difficult unless the memories and emotions are healed enabling the person to take the risks necessary to relate to others correctly.

They also need to learn to not react towards others as a result of the fear of being hurt because of fear of additional pain. Any prayer in this area must cover all of this.

They must also trust Jesus for the results of expressing His Love as they have been commanded to by Him and He will deal with any consequences that occurs as a result of loving others as He Loves them. He may not like what they do but they are children of His Father and possible future family members.

Women who are hurt to a great degree have trouble trusting people, and only the power of unconditional love will obtain their trust and help them to live normal lives again. This love requires acceptance of their actions as well as responding in love to them regardless of what they do. Confrontation only worsens the situation as that is what has driven them away in the past usually. As usual, The Holy Spirit needs to guide you in this.

Warring Spouses

Hindrance to reconciliation:

The major hindrance is that the love of God is not in the relationship. It has been killed through fear and rejection. We are commanded to Love by Jesus (John 13:34-35) and He states that we are His followers if we Love as He commands us to. This is not a discretionary thing. It is a command so we are to do it regardless of the cost to us. This lack of love results in four things that further poison the relationship with God:

Unforgiveness

Lovelessness

Bitterness and root of bitterness

Wrong emotions towards our spouse

Each of these has serious consequences for the person holding them in their heart.

Unforgiveness is the most serious of sins as it stops you from going to heaven. Jesus said in Matthew 6:15: "But if ye forgive not men their trespasses, neither will your Father forgive your trespasses." If you do not forgive others then the Father in heaven cannot forgive you your sins and you do not go to heaven.

Bitterness is the next stage after unforgiveness. It will always have a hearing. Bitterness will find reasons to criticize another and results in maligning others and often slandering them. It is gossip in its worst form as it is vindictive. Bitterness definitely ensures you do not go to heaven if not repented of it

The resultant offence caused toward spouse ensures that you cannot bring your gift to God, so anything you do is not acceptable to God while you knowingly do not reconcile to the person you have offended. He also cannot use you to minister as you are not in a correct relationship with Him.

Jesus said in Matthew 5: 23-24 "Therefore if thou bring thy gift to the altar, and there rememberest that thy brother hath ought against thee; Leave there thy gift before the altar, and go thy way; first be reconciled to thy brother, and then come and offer thy gift."

The requirement for you is to try and reconcile. If they do not accept it then it becomes their problem but God can once again accept your ministry (your gift to Him).

The marriage covenant is binding. We are responsible to hold ourselves to the covenant regardless of the behavior of our spouse. The fact that we follow Jesus keeps us to this covenant as it is really obedience to His requirement of us in regard to the marriage. The fact that a spouse is not keeping their part is irrelevant. We are responsible for what we do with our life and not what they do with theirs.

Jesus is merciful and if a person is too damaged to deal with these issues, He will often take them home before they lose their salvation or He will appear to them and give them a choice. He is merciful and not legalistic.

Both spouses need deliverance and healing to be able to relate as they should. I recommend that couples have deliverance ministry before the marriage vows are taken in order to remove hurts and pain that will cause problems in the marriage.

Unfortunately many do not do this and one spouse usually gets deliverance while the other does not and the problems in the marriage worsen. One suffers while waiting for the other to go through deliverance. The spouse who has had deliverance has the responsibility to pray for the other until he or she is free of hurts and pain and can relate as they should. If the abuse is too great then the abused spouse can leave (for their own safety or the safety of their children) until God deals with their marriage partner or removes their partner from this earth.

Sometimes one spouse becomes a Christian and the other does not. The responsibility, then, is for the Christian spouse to pray the other into The Kingdom of God and not nag them into it. There is a promise in 1 Peter 3:1-6 for a Christian wife who is married to a non-Christian spouse.

How does this war of the spouses begin?

Satan needs to stop communication between the partners so they do not know how they feel about each other. He knows that if they knew of their love for one other he could not poison their minds toward each other.

He starts by sowing doubts about whether or not their spouse loves them. Next he tries to make the husband/wife uncertain about their own love toward their spouse. Uncertainty about their love occurs and then fear starts to rear its ugly head. Fear of rejection, fear of inadequacy, low self esteem (fear of being worthless) all come into play and the walls and masks come up. Any attempt at communication with or relating to the spouse is rejected (as it threatens their self-worth), so that each spouse lives their own life and relates as little and as best as possible. There may be unrepented anger at the other spouse which stops deliverance and will prevent the angry spouse going to heaven.

The relationship is stilted and each partner looks elsewhere for fulfillment and meaningful relationships, hence adultery or inordinate friendships occur. Each spouse then devises their own coping mechanisms intended to restore self-worth and to cope with the situation. Coping mechanisms can include hobbies, more involvement in work, and other external activities that do not need to involve the other spouse. When hurts are taken into a new marriage, these breakdowns can accelerate quickly and after a short time they wonder what they saw in the other person.

If the emotional hurts are really bad, addictions occur to ease the hurt (sex, drugs and alcohol are the common ones).

How to deal with the abusive situation

Deliverance ministry is necessary to remove the hurts and to heal the person as well as to remove any demons using the situation to their advantage. This ministry will also remove the walls and masks so that the person can relate as they should. It will deal with unforgiveness, bitterness root of bitterness and wrong attitudes as well, leaving only the matter of dealing with people whom they may have offended if done properly.

Communication skills and interpersonal relationships skills should be taught along with each spouses' roles as defined by the Bible. It is when the husband or wife steps outside of these roles that Satan can attack the marriage. There is also a need to hear The Holy Spirit in order to know how to perform the roles God has given you as well as how to demonstrate God's Love toward your spouse. You have no choice but to show love if you are a follower of Jesus.

Attitudes of The husband

The husband has an awesome responsibility - to love his wife as Jesus loves her. If a wife rejects the headship of the man he cannot love her as he should, eventually there will be little marriage relationship and often he will go elsewhere to get what he needs. This is how divorce and adultery occur. No man goes to another fountain unless his has run dry. Remember, submission by the wife is to Jesus who asks her to then submit to the domestic authority of the husband.

Remember that headship in a marriage is only domestic as Jesus is the spiritual head of everyone.

The wife

A wife has four requirements in marriage:

Respect her husband

Not defraud him sexually

Submit (domestic only)

Love husband as Christ loves him.

Respect can lead to and foster love, hence the need to respect someone so love can develop. If you do not respect a person then everything he or she does can irritate you. Respect is required in domestic headship. Christian love is especially needed when it is difficult to respect the spouse. Both are to walk as guided by The Holy Spirit so that they know how to relate to each other.

Communication, forgiveness and repentance should be constant so Satan cannot get a foothold in the relationship. Both partners need to constantly inform the other of how they feel, any feelings of rejection and anything their partner does that hurts their love for their partner should be especially told to them.

They should build up and edify one another and show gratitude for what the other partner does. They should not take each other for granted but appreciate one another and what they do for each other. (Housework, mowing lawns, etc.). The partnership harmony should take priority over unimportant things. The couple should spend time with each other building and reinforcing the relationship.

They should encourage one another spiritually. The family that prays together stays together.

Whenever there is a disagreement they should ask if it is of eternal significance and how to show love in the situation.

Give the spouse to Jesus or they can become an idol. He can change them and give them back to you as a new creation as well as reconcile them to you.

Marriage requires work, but the benefits far outweigh the effort. Since Jesus is sending people

out in two's, spouses who are in a dysfunctional marriage will not be permitted to serve Him as He desires. They may also be in danger of being excluded from the ministry that is involved in the three waves of the coming harvest.

Divorce

What Hurts to Deal With

Hurts from before the marriage that may have caused some of the problems in the marriage leading to divorce,

Hurts from the marriage itself,

Hurts from events including the actual advising of the divorce up to and including the actual divorce decision,

Hurts from after the actual divorce itself.

A hurt is anything that causes you pain or grief or binds you emotionally in some way.

Types of Emotions and Attitudes

Those that are known and can knowingly be repented of,

Those that are unknown and require the Gifts of The Spirit to discern,

Those not wanted to be faced as it is unchristian to have them and which also require the Gifts of The Holy Spirit to discern,

Any additional ones Satan tries to put on you.

Correct Attitudes of the Spouse Being Divorced

Love their partner as a Christian should, and forgive them for what they are doing to you

Worship God to ease the pain (in His presence all else is irrelevant),

Give The Father all your problems, emotions, wrong attitudes, hurts and pain,

Declare His Love and control over your situation,

Declare He is working for your good,

Commit them with Him,

Use the Five Steps for all the problems, wrong emotions, wrong attitudes, hurts and pain.

Remember up to actual divorce you are still legally married and must try as much as possible to fulfill your role in the marriage.

Listen to The Holy Spirit's Guidance in all you do.

Support for the spouse

People to guide in deliverance and teach self deliverance,

People to advise on different aspects of divorce,

Legal advice,
Spiritual advice,
Financial advice,
People to comfort and support emotionally,
People to comfort and support them with their physical needs (clothing, food,
accommodation etc.).
Miscellaneous Advice

Do not accept shame, guilt or condemnation from others. The opinions of others are not important as it is what God thinks that matters.

Do not accept shame, guilt, or condemnation from yourself in the form of self-recrimination. Shame, guilt and condemnation in regard to spiritual matters were dealt with by Jesus at Calvary and any of these you feel after salvation comes from Satan.

You must seek to be blameless before God and not man,

Matthew 6:33 Seek His Will for you and all you need will be given to you,

Emotional,
Physical,
Spiritual,
Mental,
Financial.

You must trust God implicitly, that in all that happens He is making the best for you of a bad situation.

Do not Let Satan rush you into hasty decisions

Do not make additional life-changing decisions at this time: change of job, change of location (where unnecessary), new partner.

Need to hear the Holy Spirit and be led by Him,

Need to know how to find the Will of God.

These are the attitudes and truths (information) that will help you fight the devils behind the divorce and keep you walking close to Jesus through out it. Whenever you have a problem use the five steps immediately so Satan cannot use it to try and cause you more pain or grief. The key to surviving divorce is to take to Jesus (using the framework of the 'Five Steps') anything that causes you emotional pain or hurt or will lead you not to love your partner.

Learn Spiritual Warfare

Remember this is a spiritual battle fought with spiritual weapons and must be seen from a spiritual perspective. As you did not ask for the emotional trauma of divorce, but rather it was thrust upon you, indicates that God has thrust you into a spiritual battle for which you are ready, for which He will provide all weapons to fight the battle with and the people to stand beside you and help you in this fight. The battle before divorce was to save the marriage. The battle now is to keep yourself from the ravages Satan will want to place on you, your children, as well as your possessions.

Never assume any thing in this battle with Satan. Satan uses your assumptions for his purposes, to feed your fears and doubts and make God's Love and Control appear minimal or non-existence. Never argue, assume, reason or react but take it all to The Holy Spirit to show you what to do as your reactions are based on past hurts and cannot be trusted.

Remember! God Loves you and all that happens to you is a result of His Love and is best for you. So never doubt God's Love, Control. Purposes or Plans for you as there is nothing else left if you do and you will become depressed and despair. All you need to do is repent and use the five steps to deal with these things and as you take all to Jesus you will have a strength that others will wonder at and be kept by your faith through this most trying of times.