

Addiction and its Cure

This document is for Christians who want to give their life to Jesus and/or who have addictions or coping mechanisms they need to deal with.

An Addiction is a compensation for a problem which you have you do not dealt with for one reason or another. Deal with the root cause and the addiction is easy to remove. most times the addiction is trying to be removed but the root cause is not dealt with which is why it is so hard to give up the addiction.

The contents of this document is the result of years of internet ministry where I have used the principles in this book to successfully deliver people. The Holy Spirit is your guide in deliverance and you are just a facilitator to help turn the focus and heart of people onto Jesus as their Lord and He removes the demons when they are told to leaved in His Name! In His Lordship of your life is true deliverance. Whatever Jesus is Lord of cannot be used by or attacked by Satan or used without the permission of God.

I was shown by The Holy Spirit a framework of five biblically based steps that help you give everything to Jesus to be Lord of and which use this as the basis to remove Satan and all he has done to a person as well as heal any damage Satan did (in God's timing of course). Others have been taught these five steps and are using them successfully in their Christian life to live as they have desired too but were unsuccessful before they were taught this framework of five steps and went through deliverance using this framework.

These five steps are the basis of the deliverance prayers used in this booklet and are as follows:

Give the sin, area of moral weakness, circumstance, problem, cause, event or situation to Jesus to be lord of, as well as all that led to the area, event etc as well as the consequence of this event(s).

Forgive all who have offended you including yourself, repent of unforgiveness, bitterness, root of bitterness, anger any wrong emotions or attitudes to others or yourself and also of any sins you are bringing to Jesus.

You may need to pray : "*Lord I forgive. Help me to forgive*",

Command Satan to go in Jesus' Name as he no longer has a right to these areas as they now belong to Jesus and to take he did to you, wit him,

In Jesus Name command healing and restoration of all the damage Satan did to you,

Ask Jesus to send The Holy Spirit to fill you completely replacing all the demons that have left

The two greatest hindrances to forgiveness are unforgiveness (leading to anger and bitterness) and enjoyment of a sin leading to no desire to repent of it. The latter is dangerous as it can lead to the loss of our salvation.

What is an addiction?

An addiction is an incorrect coping mechanism for a hurt a person has received either from abuse or trauma. Remove the hurt and the coping mechanism is no longer needed and the addiction can be removed. This is done through the deliverance and healing Jesus offers everyone and this deliverance is the basis that is used in this book for dealing with the incorrect coping mechanisms and hurts that lead too addiction.

The process of addiction

A person has a serious emotional hurt caused in them as a result of abuse or trauma of some type. They cannot face this hurt so block it off in their memory. Demons hide in this blocked off memory as it has not been given to Jesus and correctly dealt with. They attack the person from these hidden nests.

This results in a fear or feelings of rejection. Often self-rejection occurs as well as the person blames themselves for the situation which arose that lead to abuse. The negatives thoughts causing these wrong attitudes are placed in the person by demons but the person thinks it is their own thoughts and accepts them as such.

Their self-esteem is battered and at times can become nonexistent. The person feels worthless, useless, inadequate and unlovable (even by God). This is because they think the thoughts are their own and do not realise it is from demons.

To hide their pain they form a coping mechanism that leads to addiction of such sort which includes drugs (including alcohol) hobbies, following sports, identifying with stars of screen, TV and Radio. The more serious the hurt the more serious the addiction needed to hide or block the emotional pain.

An addiction is an excessive use or action which is not normal and which cannot be stopped by the person.

The person believes nothing good can happen to them any more and may even think of suicide or end up in a mental home.

The cause of the original problem, is demonic and only removing demons and all the hurts they use will remove the demonic attacks and the resultant addiction(s). The demons use the hurts to attack the person and cause the incorrect thought patterns that lead to addiction and a lack of self worth.

Demons attack your mind by placing thoughts in it which you think comes from yourself. They able to place these thoughts in you from either outside you or from blocked off memory hidden in your soul. These thoughts are designed to make you think in the way demons want you to think which lead to their controlling your thoughts in some areas of your life.

At times the control is so great the Christian person appears to be possessed but they are not. They are just overwhelmed with the demonic interference in their thought life.

These fiery darts of Satan (the thoughts he tries to have our mind accept as our own) are designed to remove all worth from us and value so that we will believe God or others cannot love us or use us as well as make us ineffective in the battle between God and Satan and may even to lead us into hell. The moment we realise these thoughts are not ours we are free from them as we know we can fight them because they are thoughts from demons either external or internal.

We can use our delegated authority (Marl 16:17-18) to cast these demons and send them to the Throne of Judgment..

The process of addiction is from the inside

Jesus spoke of the house of a person so it is an actual place as demons can inhabit it (Mat 12:43-47). This house is your soul which appears to be in a different dimension or state as it is a place in the spirit world that demons can inhabit spiritually. Once you treat it as a real place then you realise what happens when an addiction occurs.

This not New Age. Satan is a copier so all he uses in the New Age he stole from God and perverted so there is often a Christian equivalent that The Holy Spirit can use to help you fight Satan.

What follows has been seen in the spirit world (under the guidance of The Holy Spirit) so is based on fact and has been proved through years of experience doing deliverance on people.

An abuse or shock occurs or an unrepentant sin reaches critical point.

Access is given to demons to enter the soul (house) of the person

If the shock or trauma is really great then the memory of it is partitioned off and a room (for want of a better description) forms which is hidden from memory (remember it is rejected by the memory and blocked off as the person cannot face it) and in this room are demons hiding.

Demons attack the soul from this hidden view point (room) and place thoughts in the person's mind who think they are coming from their own personality and wonder why they are thinking these bad things. There may also be voices in the mind from demons and the person thinks they are mentally ill with bipolar personalities.

The person thinks they are terrible people or mentally ill because they think these thoughts and voices are their own, not realising that it is demons hidden in their soul doing these things to them!

The demons will try to get the person to sin and destroy them self which is why addiction occurs or thoughts of suicide in really bad cases of abuse and trauma. Often people follow these voices in them thinking they are their own and that is why you will hear someone say "*the voices made me do it*".

The solution is to use the delegated authority Jesus has given you to remove the original hurts and the demons and heal the damage that the demons have done in person in as well as telling them the truth of what happen so they know it is not them that are evil but demons in them suggesting evil things to them.

It is to be remembered that all sin was remitted at Calvary and all sin you have are or will commit were also forgiven there. As a result of this there is no more guilt, shame or condemnation to those who follow Jesus as Lord and any of these you feel comes from demons so can be cast off in Jesus' Name. Remember to ask The Holy Spirit to take their place or worse ones will come back and inhabit the vacant space in your house (soul) (Matt 12:45).

You do not believe the above? Then remember Jesus only cast demons out of people who called Him Lord and believed Him as their Lord. Jesus never cast demons out of people who did not call Him Lord except to free them from bondage so they could choose for or against Him (the Gadarene for example).

Jesus came to set people free and not to condemn them (Jn. 3:17). He quoted this as His mission statement (Is 61:1-2). He desires to set you free and will do anything He can to help you be set free. All you need to do is ask Him to set you free and make Him Lord of your life. The prayers that follow are designed for this.

Sometimes deliverance occurs and the person is still not free. This is because of the hidden rooms in the soul that are still there and which need to be dealt with before the person can be freed from these problems.

You can go to psychologist and psychiatrists all you want to but they will only treat the results of the demons in you. Until you remove the hurts and demons causing the problems you will never be healed fully.

Until you realise the thoughts are not from you, you will never be free from their influence.

Until you know how to remove Satan and fight him you will always be at his mercy, but we have the promise that God will never let him test you above what you can manage (1 Cor 10:)

The Actual Prayers

The sets of prayers that follow are designed to remove the demons in you through using the delegated authority Jesus has given you to do this and can be said by yourself. If you cannot pray the deliverance prayers then all you need to do is agree in your heart with the prayers as they are prayed by another.

Sometimes demons have such a hold they can prevent a person praying any form of deliverance prayers or make them so fearful of it they do not want to say the prayers or do anything that will deliver them so another needs to say the prayers for them.

The person listening to the prayers just needs to say or declare in their heart:

'Lord Jesus, I agree in my heart with these prayers '.

It is the heart that agrees and the prayers that are spoken are an expression of their attitude to God and their desire for deliverance.

So all they need to do is to agree in their heart with the prayers of deliverance that are prayed by another on their behalf.

Deliverance is between you and God. The person praying for you is really a helper to guide you to turn your heart to Jesus in areas that Jesus is not Lord of your life. It is as demons are removed from these areas that person is delivered in the prayers. These prayers aim to help you do this, to give your life to Jesus as Lord as well as deal with many things in your life and then tell Satan to go as He no longer has a place in you.

Unforgiveness

Mat 6:14-15 For if ye forgive men their trespasses, your heavenly Father will also forgive you: But if ye forgive not men their trespasses, neither will your Father forgive your trespasses.

Unforgiveness can result in you losing your salvation if will not forgive someone. It does not mean you agree with what they have done bur God is their judge and not you so you are to leave judgment to Him and do what He tells you to do about the situation which is basically:

Forgive them as He forgives you

Love them as He Loves them.

Remember unforgiveness, and its fruit (anger and bitterness) will hinder deliverance so ensure you meant it when you pray this part of the prayers that follow.

Offences against others

Mat 5:23-24 Therefore if thou bring thy gift to the altar, and there rememberest that thy brother hath ought against thee; Leave there thy gift before the altar, and go thy way; first be reconciled to thy brother, and then come and offer thy gift.

If you do not forgive others their wrongs against you, God cannot accept anything you bring to Him until you are reconciled to your brother. God is a God of reconciliation and expects us also to be of a similar mind as Him and try and reconcile where possible.

Deliverance' Prayers

This section contains three prayers. The first is for rededication of your life to Jesus and may even be a salvation prayer for some. The second is for sexual or other types of abuse and should be said before the General Deliverance Prayers that follow it. All the prayers should really be said as they deal with areas that are different to each other and the abuse prayer does not cover everything the third prayer (the General Deliverance Prayer) covers.

Rededication to Jesus.

Before praying the 'abuse' prayer (the second set) it may be necessary to rededicate your life back to Jesus through the first set of prayers. This rededication declares you belong to Jesus and that you desire Him above Satan. From this basis, of declaring and desiring Jesus to be your Lord, deliverance occurs.

Father, Lord, in my pain and hurts I gave Satan a hold on me by accepting his things were more acceptable than those of Jesus. I repent of wanting or accepting these things as I want to live and Serve Jesus.

I repent of anything I gave to Satan and declare I reject what Satan offered me in the past and all I gave to Satan or accepted from him I give to you Jesus to be Lord of.

Lord Jesus, I give you my life. I want you to be my Lord and Saviour, to serve you as a citizen of your kingdom. I choose you and life.

Satan! you placed things on me without my consent so I command you In Jesus' Name you remove them and all the consequences of them such as any walls, enclosures, or any thing placed on or in me, around me or binding me as well as any demons associated with them in any way either in me or out of me.

Satan I have given my life to Jesus so you have no right to me any more in these areas given to Jesus so you must go in Jesus' Name and take your demons and every thing you did to me to the Throne of Judgment.

I declare in Jesus Name I am healed of all the damage Satan did to me .

Holy Spirit fill me and take the place of the demons that have left.

Thank You Father, Jesus, Holy Spirit

Amen. I declare it to be so

Prayer for Abuse

The prayer for sexual abuse can be used for any type of abuse. Just change male to female as required. Any abuse is damaging to a person and in all types of abuse the damage varies according to the intensity of the abuse. Sexual abuse is the worst as so people who are sexually abused are amongst the most damaged of any abused person.

I come to you Jesus, my Lord, my Brother, my Friend. I have been (name type of abuse) abused and hurt and need Your deliverance and healing touch.

In Jesus Name I forbid any spirit of darkness from in any way trying to stop me praying this prayer, from trying to block The Holy Spirit speaking to me, from trying to cause me to be fearful or from understanding God's Love and forgiveness towards me .

I give you my mind, thoughts, emotions and attitudes Lord, and in Jesus' Name I forbid Satan from attacking or influencing them in any way.

Help me to have faith in Your Word and its promises of deliverance, restoration, wholeness, cleansing and purification and Your acceptance of me as I am, and not as I think I should be. In Jesus' Name I forbid any demon from blocking or hindering me in any way in these areas.

I know I have to forgive those who hurt me (mention the names of these people). I also have to forgive others who should have helped me but ignored my abuse.

I repent of every inordinate (wrong) affections/relationships of any type and of the idolatry they became to me

I repent of unforgiveness and forgive all the people who hurt me or allowed others to hurt me (name the ones you can).

I repent of bitterness, any roots of bitterness, anger and any other wrong emotions I have in me towards these people. I know that if I fail I am not rejected by You but that you still Love me as I am and wait for me to repent so I can be restored to fellowship with you as your Bible promises happens when I repent. I repent and forgive all those that hurt me.

Lord, give me the grace to forgive myself for all I have done wrong. I forgive myself by faith through Your Grace

Help me to do this, Jesus, as it is so hard. I want to repent in my heart and not just say it, Lord!

In Jesus' name I break every wrong soul tie I have. In Jesus' Name I command any demons that have used these soul ties at any time or in any way to go to the Throne of Judgment. In Jesus' Name I command healing on these soul ties as well as any other damage done by Satan to me and ask you, Holy Spirit, to fill me completely and take the place of the demons cast out.

My precious Brother Jesus, I give you all the events that hurt me in any way in these areas of abuse as well as the consequence of these abusive events. I give you my coping measures, any walls or masks I have and repent of any hypocrisy that occurred, and I say to Satan:

These areas have been given by me to Jesus so you must leave them in Jesus' Name and go to the Throne of Judgment, and take all you placed on me, in me, over me or around me with you!

In Jesus' Name, Satan, I command you to remove everything you have placed upon me or in me without my consent, as well as any walls you have placed in me, all the consequences of these events and any demons that have used these things in any way. In Jesus' Name I command you all to go to the Throne of Judgment.

In Jesus' Name I command healing, and restoration of all I am emotionally, physically, spiritually, mentally, the heart of flesh be healed, the wounded spirit be healed, the sound mind restored, my personality, soul, mind, memory, emotions, and all that I am integrated as a whole.

In Jesus' Name I command cleansing of all the pollution, impurity and uncleanness Satan placed on me and command these to go in Jesus' Name along with any demons associated in any way with these things. I ask You, Holy Spirit, to fill me, cleanse me and restore me.

Jesus, I give You my sexual and other wrong desires and the ways I desire to fulfil them now or did fill them previously (if applicable). They are damaged and need Your healing. I repent of the wrong way I utilised them to compensate and to give me pleasure.

Lord I give you all my insecurities as I trust you. I am sorry for any time I did not trust you and repent of this and declare I will trust you as all you allow is for my good. You are my provider and my protector. Thank you Jesus.

Lord, there is a vacuum in me that you alone can fill. I give it to you and ask you to fill it Holy Spirit as I do not want Satan to be there. I want Jesus to be there. Thank you Holy Spirit.

I give You my relationships to myself, people and God as they are damaged and need healing. I also give You my fear of close, personal relationships with You or others.

My love and emotions are damaged and I have incorrect emotions as a result of this. I give these and my love to You to be healed.

I give You any fear of people and my fear of authority, as well as any fear I have of You and also any damaged relationship I have with You, The Father, and The Holy Spirit.

I give You the incorrect self-image, self-worth and self-esteem I have. I give You my self-rejection, my fear of being unlovable and worthless as well as all the wrong attitudes and concepts I have in these areas and the other areas already mentioned.

Jesus, I give You my negative self-image as well as my (femininity/Masculinity) sexuality and gender, all the God-given gender roles You have called me to as either mother, father, sister, brother, wife, husband, or celibate servant of Yours (as applicable).

Jesus, my Brother, and my Lord, there are probably wrong attitudes in me I cannot face and which I have suppressed as they are unchristian. I give them to You now and repent of them as I do not want any thing in me that is not of You or which hinders my relationship with You in any way.

So I give You all I am, have been and will be to keep and protect as my Lord.

Satan, I have given all these areas, events, circumstances and things to Jesus to be Lord of, so you no longer have any right to these areas or any part of my life. In Jesus' Name go to the Throne of judgment and take all you did to me wit you.

In Jesus' Name I command healing and restoration on my whole person, the heart of flesh healed, the wounded spirit healed, the sound mind restored, the emotions, memory, personality, all I am healed, restored and integrated as one.

Holy Spirit fill me, integrate me as one and anoint me to serve the Lord as He desires me too.

Lord take the place of all that was removed and guide me to draw closer to you. Show me how to be led by You Holy Spirit so I can serve you as I desire.

Thank you Father for your Grace each day, that your mercy is renewed each morning and that your loving faithfulness never changes whether I sin or not. No matter what happens nothing can separate me from your Love, forgiveness given at Calvary, Your Mercy and Your Loving faithfulness to me.

Thank you Jesus my salvation does not depend on whether I am good or bad but on my continually repenting (turning away from) of all that does not please you as well as trying to keep you as Lord of my life and that it is the relationship we have that saves me and not any activity I can do. Thank you I am a child of The Father and a citizen of Your Kingdom with all the hopes and rewards you offer me.

Thank you Holy Spirit that You are always with me because You are in me guiding me and helping me each day.

I thank you Jesus that you protect me because I want to serve you and you not because I am doing anything wonderful for you and that your love for me does not depend on what I do but in who I am, a child of The Father He desires to have with Him in eternity.

I know all guilt shame and condemnation were removed at Calvary and all I feel now in these areas comes from Satan so in Jesus' Name I command guilt, shame and condemnation go to the Throne of Judgment.

I know all my sins were forgiven at Calvary so I do not need to ask for forgiveness as of sin as that has already been given to me at Calvary and all I need to do is repent and keep on trying to live as you want me to live.

I thank you Father that I am Your son/daughter and no one can take that away from me and that You are my Father who loves me gives me all I need. Help me to appreciate this please Father.

Lord I know my experience of being abused will help me minister to others. Holy Spirit show me how to use my experience of being abused to minister to others so I can be used to free others as I was freed by Jesus so that they can be closer to Him.

Thank You, my Father, my Lord and Brother, and Holy Spirit my Guide, for accepting these hurts, pain and sorrows, healing and restoring me to wholeness.

AMEN! I declare these things to be so!

Satan will try and make you believe you are not delivered by raising many temptations you have been freed from but these will no longer cause you a problem as he is outside trying to get back in and not inside controlling things. The Holy Spirit will tell you what to do. The framework of the Five Steps should be used to defeat Satan for the first year of attack and not just casting off attacking demons in case there are areas rising up from deep within you that need to be dealt with.

General introductory Prayer

These individual prayers that follow this can used when there is no serious abuse or along with the prayers above

These prayers can be used for individuals or groups. All that is needed is to be changed are the pronouns to reflect whether you are saying it for yourself, for another or for a group.

As you read these prayers agree with them in your heart. It is not important to say them out aloud as Jesus knows your heart's response and that is all that matters but the 'casting out parts' need to be said even if only whispered.

I approach you Father through The relationship I have with You and The Lord Jesus and I thank you Holy Spirit for being in me and guiding me in these prayers.

In Jesus Name I forbid any demon from manifesting in any way as these prayers are said, doing anything to stop me having deliverance, blocking me from hearing and understanding the truths The Father, Jesus and The Holy Spirit want me to know.

A prayer to forgive all who have hurt you and also to repent of wrong attitudes to anyone:

Lord, I completely forgive all those who have offended me as well as myself, even if only by faith. Help me to do this please. I repent of any unforgiveness, bitterness, root of bitterness, anger and any other wrong attitudes in me towards anyone Lord. Lord, help me to repent of unforgiveness, bitterness, root of bitterness and wrong attitudes toward those with whom I have trouble doing this too. I also repent of offending others and ask You to show me what to do about it.

Things put on you by Satan

Satan, you have done things to me and I did not agree to them and do not want them now. In Jesus' Name I command you to take all you did to me out of me, off me, and away from me, along with any walls you built in me as well as anything around me covering me, blinding me or binding me. I command you in Jesus' Name to remove along with you the walls you have placed in me, the demons hiding behind the walls that were in me as well as anything else done to me along with all the consequences of the actions of any of these demons in me.

In Jesus Name I also break any wrong soul ties in me and command healing of them as well as of any damage done by you and the demons that have used these soul ties at any time and for you to all go to the The throne of Judgment now in Jesus Name.

Father I am sorry for anything I have done wrong in these areas to allow these walls to form and for not looking to you, Jesus or The Holy Spirit for help in dealing with these events that hurt me.

Curses and contracts with Satan

Satan! I now belong to Jesus and I renounce every contract, vow, other arrangement, promise or anything similar I have ever made to you either knowingly or unknowingly or previously made with you by my ancestors. If I have accepted anything from you I give it to Jesus to deal with. If I have given you anything I give it to Jesus to deal with. As Jesus is my Lord I declare you no longer have any rights over me or my descendants so in Jesus Name in the area He is Lord of. I break every curse, contract, vow or similar arrangement made by another over me or through me to my descendants .

In Jesus Name I declare all curses were broken at Calvary including the curses over Adam and Eve and if I have caused a curse on myself or anyone else I break it in Jesus Name and ask you to show me what I need to repent of in regard to these please Holy Spirit.

In Jesus' Name I command any demons associated with these curses to go to the Judgment seat of God and take all they did to me with them..

In Jesus' Name I command healing and resonation on All you did to me and 7 you Holy Spirit to fill me completely. Amen.

The Mind

In Jesus' Name I command arguments, theories, reasonings, proud and lofty thoughts, vain imaginations, weariness, heaviness, oppression, fear, doubt, unbelief, rebellion, confusion, disorder, distraction, lying and deceiving spirits and anything in me that sets itself up against Jesus and the true knowledge of God to go immediately in Jesus' Name to the Throne of Judgment taking with them all they did to me. Lord, I ask for the garment of praise for the spirit of heaviness.

In Jesus' Name I command anything that binds me, encloses me, covers me or blinds me in any way to the things of God to be broken or removed and the demons enforcing these to go immediately to the Throne of Judgment taking with them all they did to me.. I ask you Holy Spirit to fill me completely.

General Repentance

Lord, Jesus, I want you to be Lord of my life. I give it to all You, as well as anything that stands between You and me. Show me these things Lord that separate us so I can deal with them as you want me to deal with them. I want to do Your will in all I do Lord, and I ask You to help me to do this.

Lord, I give You myself, my purposes, plans, desires, hopes, ministry, everything I seek to do, have done or will do or be in this life. I want to do only what You want me to do and be what You want me to be. I want to be a faithful servant, steward and citizen of Your kingdom. I give You all that I once thought to be important, but were actually against Your will, for You to remove from me so that I can do Your will as You desire. I give You my worship, as my life is my worship to You, and I also give You my prayer life as that is also part of worship. I want to be a faithful citizen and servant of Your Kingdom. I repent of anything I have done wrong in these areas.

Lord, I give You my gifts and abilities to use as You will, any ministry you give or have given me as well as all my purposes and plans. I am sorry for the things I have done wrong with them, as I want to use them as You want me to.

Lord, I also repent of anything that hinders intimacy with You, learning of You, hearing from You, and from correctly worshipping You, Father and Holy Spirit.

Lord, I repent of rebelling against any authority you have placed over me or of not using properly any authority you have given me as I want to use any authority you have delegated to me correctly in the way You want me to use it and to obey You in all things in the way you desire me to obey you.

Lord, I repent of any word I have spoken, thought I have had or action I have done that was wrong or anything I accepted that was wrong, in word, thought or action, because I did not resist as I should have.

Lord, I have emotions and attitudes in me I don't know about because they are ungodly so I have suppressed them because I can not face them as a Christian. I give them to You and repent of them and of not taking them to You. I forgive all who have offended me and caused those wrong attitudes Lord and also forgive myself and repent of any hidden unforgiveness and bitterness, root of bitterness or any other wrong attitudes in me that I have

suppressed because I could not face these.

Lord, I know I have worth and am acceptable, not because of what I have done, or because of what people think of me, but because You died for me, and that I am acceptable to You as I am and not as I think I should be. My God, I thank you that you have planned my life so I can be like Jesus and that You have provided all I need to live and do this.

*Lord, I want my esteem to be based on what You think of me.
My value, because of the value You place on me
My self-acceptance to be because I am accepted by You.*

I repent of getting my self-esteem, worth or value through other things or through my personal achievements.

Lord, Since shame, guilt and condemnation were dealt with at Calvary along with all my sins, I know that when shame, guilt or condemnation occur; these are now from Satan and I will cast them out in Jesus' Name and ask The Holy Spirit to take their place. I also repent of any wrong attitudes toward failure as these failures happen because I am not perfect. I know You accept me as I am and not as I think I should be and all You require of me is to repent and then to keep trying to obey you.

In Jesus' Name I command shame, guilt and condemnation to go to the Throne of Judgment and ask you Holy Spirit to take their place.

Lord, I also reject all the works of the devil and his kingdom as I want only to do Your works in all things and to serve You alone and others as You direct. I am sorry for having done the things of Satan, whether I knew of them or not and will try not to do them in the future as I want to do only what you want me to do.

Lord, if there is anything in me that is not right or not in accordance with Your will, I reject it. I want to do Your Will as well as know and understand your teachings and I know you have promised I will know what I need to do this if I want too. I thank You Holy Spirit that you are my teacher.

Lord, if there is anything I have not given to You, I give it to you now.

Lord, I am sorry for what I have done wrong in all the areas of my life and will try to do what You want me to. I know I am not to look at past failures but only at what You have done in my life and I repent of not doing this and looking at times to the past instead of you and the wonderful things you have for me.

Lord, I give You all the above areas. I also now give You all the events and circumstances that led to the wrong thoughts, attitudes and emotions I have or have had in these areas as well as all the resultant consequences of these events and circumstances as I want You to be Lord of all my life. I want to think and behave as You want me to.

Casting-out Prayers

These need to be said but can be whispered and do not need to be said out loud.

Satan, you no longer have a right to work in these areas as I have given them all to Jesus, so in Jesus' Name go the Throne of Judgment and take all you did to me with you.

In Jesus' Name I command complete healing and restoration of all the damage Satan did to me as well as and integration of every part of my being and personality .

I ask You Jesus to fill me afresh with The Holy Spirit and me anoint as You think I need to be. to serve you.

Thank You, Father, Jesus and Holy Spirit. Amen.

Addendum

Some helps for your Christian life

When Tempted

Satan cannot make you do anything you do not agree to do. He has to deceive you into agreeing with what he wants you to do. So, the first line of defence is to reject what he offers. When you are attacked ask The Holy Spirit if you are being attacked from within you or outside of you. If attacked from within you then deliverance is needed. If attacked from outside of you then cast it out in Jesus' Name to The Throne of Judgment to be judged.

Most demons have names that are foreign to us so it would be nearly impossible to cast them out by their names. As long as we can identify them by their activity then we can cast them to in Jesus' Name to The Throne of Judgment.

If you are attacked in an area often or have a weakness you are having trouble overcoming then you probably have a need for deliverance in that area.

When you are tempted and feel you need deliverance use the following framework of the five steps Jesus gave me:

As it is a battle of kings you address the enemy king (Satan).

These five steps are the basis of the deliverance prayers used in this booklet and are as follows:

Give the sin, area of moral weakness, circumstance, problem, event or situation to Jesus to be lord of, as well as all that led to the area, event etc as well as the consequence of this event(s).

Forgive all who have offended you including yourself, repent of unforgiveness, bitterness, root of bitterness, anger any wrong emotions or attitudes to others or yourself and also of any sins you are bringing to Jesus.

You may need to pray : "*Lord I forgive. Help me to forgive*",

Command Satan to go in Jesus' Name as he no longer has a right to these areas as they now belong to Jesus, and to take with him all he has done to you.

In Jesus Name command healing and restoration of all the damage Satan did to you,

Ask Jesus to send The Holy Spirit to fill you completely replacing all the demons that have left

If there is no need for deliverance then tell any demon attacking you that you belong to Jesus and to go to in Jesus' Name to The Throne of Judgment to be judged and ask The Holy Spirit to take their place.

Any emotion, altitude or feeling that is negative is not from God but is either a suggestion from a demon or a demon playing on hurts, emotions, reactions (habits) in you.

Accordingly you will either cast out a demon from inside you using the five steps or

command an external demon to leave using steps 3 to 5 of the five steps.

Whenever I get any wrong thought sensation, feeling or emotion, I command the demons behind it to leave and go to in Jesus' Name to The Throne of Judgment to be judged.

In summary:

If the thought is from God, you obey it.

If the thought is from you ensure it is given to God or dealt with as He tells you to. It may also be a need for deliverance in that area.

If the thought is from Satan, reject it after determining if either deliverance is needed (demons inside you) or just casting out of the demon is required (external demons attacking) then do what you need to cast Him to in Jesus' Name to The Throne of Judgment to be judged.

If the thought is external then the last three steps are only needed

The key is to take the thought, emotion or sensation captive to Jesus (2 Cor 10:5). In other words the demon placing the thought in your mind , sensation or emotion is cast to in Jesus' Name to The Throne of Judgment to be judged.

Just resisting the thought does nothing. It is capturing the source of it that removes the demon and the temptation.

To deal with any demonic rooms (nests) that were not removed by a deliverance session, give the area etc. (step 1) to Jesus, then do the remaining four steps. You may need to ask The Holy Spirit what to give to Jesus as what is happening may be completely different to the original cause of it.

If you give the area etc., all the events leading to it and all the consequences of it to Jesus you should also catch the root cause. Sometimes a specific event may need to be repented of and if you cannot hear what it is from The Holy Spirit then find someone who can. But first attack Satan and stop him blocking you and see if that allows you to hear what you need to repent of. It is does not then seek these people.

How does Satan attack?

Satan attacks you by placing thoughts in your mind, emotions on your personality or feelings/sensations in your body. He also tries to deceive you from the truth of a situation or distract you from what Jesus wants you to do.

Thoughts

Satan will try to tell you things are different to what they really are. He has to make you accept his lies so he can use you for his purposes or hinder your being used by Jesus. He has to convince you that something you have, you really do not have or something you really do not have, you have. If you are sane, he may suggest you have mental problems etc. He will often suggest the opposite of what you are in the hope you believe him and he can then mould your thinking in the way he wants too.

If you are saved he will throw thoughts into your mind that question that to the stage you will wonder if you are saved. If you have been given a God given ministry he will make you question that it is the correct on until you look elsewhere for the ministry he suggests you should have. If you are sane he may try and get you to believe you are mentally unstable etc.

He places emotions on you like sensual pleasure to try and get you to sin either sexually or other sensual ways or distract you from the self-control God wants you to have so that you sin and like the pleasures he has suggested to you more than what God wants you to do.

He can place moods on you like fear, anxiety and depression so that you do not have the joy of God and wonder what is wrong with you that you have these things for no apparent reason.

Remember, Satan does things subtly and will use doubt about things, especially the things of God to have you start to question the truths of God. If he can get you to do that he can then either use you or hinder your walk with Jesus. He especially tries to have you doubt God's Love and control of your life.

He has to have you think a certain way so he can use it for his purposes and uses all he can to do this. This is why when you have anything negative in your mind you are to cast it in Jesus' Name to The Throne of Judgment to be judged

How to Hear The Holy Spirit

It is important to be able to hear The Holy Spirit clearly s He is your guide to live as Jesus desires you to live and to fight Satan as Jesus desires you to fight Satan. Remember Rom. 8:14, that to be an adopted child of The Father you need to be guided by The Holy Spirit.

Preparatory Prayer

Lord, I want to hear The Holy Spirit so I can do Your Will and be guided to be Your follower and son/daughter by adoption. I give this desire to You and am sorry for anything I have done wrong in this area.

In Jesus' Name I command any demons that are blocking me from hearing and understanding the truths The Father, Jesus and The Holy Spirit want me to hear and understand to go immediately to the in Jesus' Name to The Throne of judgment to be judged.

I ask You, Holy Spirit, to take their place.

How You Hear Him

Unless The Holy Spirit or Satan actually appear to you, they can only talk to you in your mind. When they are speaking it is as if they are your own thoughts or that you are talking to yourself. People often mistake this for a disorder as if there are apparently two personalities in them when demons are speaking audibly in your mind. Also when The Holy Spirit is speaking, they usually think it is their own thoughts so you need to know who is interacting with you.

If it is not our thoughts then it is either The Holy Spirit or Satan placing them there. You can actually hold a conversation with the Holy Spirit or the demons representing Satan and ask them questions and they will answer if appropriate. Only answers from The Holy Spirit are guaranteed to be 100% truthful. Demons will answer in a way that furthers their purposes for you.

You will need to silence your mind. You may have trouble hearing Him (The Holy Spirit) especially if you are in a place full of distractions or in a place where Satan rules. Remember, The Holy Spirit, has a still, small (quiet) voice.

He will place an impression, picture, or thought in your mind, give you an emotion, or even speak to you in an audible voice. You will know it is from Him as it will not cause you to fear. He may speak in other ways than these, but these are the normal ways.

You may feel a check in your spirit which is a 'no'. If He does not reply it is also a 'no', so you ask Him the reason why He said no as He may tell you and you may find out more by this than by the answer you wanted.

The answer He gives will line up with The Bible, and you will have peace in your heart over it. Remember, God will not contradict His Word.

Remember that Satan will try and cause you doubt about what you are hearing then cause you to reason that it is wrong or impossible so that you believe you are not hearing correctly. He will also at times place fear or other wrong emotions in you to cause you to doubt God's Love, Control, Plans or Purposes for you to take away your trust in God and your Joy in Him and His things He has for you. At times Satan will block you hearing The Holy Spirit so you need to cast him out and stop him doing this and ask again. If you do not hear from The Holy Spirit, ask the following:

Are you in a place in which Satan rules so that the spiritual atmosphere is blocking The Holy Spirit?

Are you in sin and do you need to deal with it using the five steps?

Are you to ask this particular question of The Holy Spirit?

If you do not get an answer, it may not be the time to ask

It may not be the time to receive the answer

It may not be an appropriate question to ask

Are you to command demons that are blocking you from hearing the Holy Spirit to leave in Jesus' Name?

Do you really want to hear the answer?

Are you seriously listening or just going through the motions of listening

The Holy Spirit is your Companion in this life, so it is necessary to be in continual communication with Him as He helps you to navigate the traps of Satan and do the Will of God.

Background to the Five Steps

For years I practised deliverance the traditional way: finding out background information on the person (often intrusive and very personal) fighting demons, either individually or in families and both on and off the internet I saw much deliverance and some healing. But the deliverance on the internet exhausted me from all the typing. So I asked Jesus why it was not as easy as when He did it.

The Holy Spirit gave me understanding of why Jesus was able to deliver as He did and I started to apply this to the Internet ministry that I had been given at that time. Overnight the ministry changed. I no longer needed to know anything about the person, either their history or sins or even their sex or name; Jesus knew them already. Healing became common and deliverance more complete with little energy needing to be expended. What used to take weeks could be done in an hour or less at times.

There is still follow-up deliverance on these people, but nothing as intensive as it used to be. Full deliverance may still require a few sessions, but I do not need to get life histories or work through all the sins of a person, saving hours and lots of embarrassment, especially where sexual sins are involved.

You may need to discuss areas of sin at times but not individual sins. So, you may need to discuss sexual problems but not the details. You may need to know they were

unfaithful or had premarital sex so you can pray properly for them but not every time they slept with someone or committed adultery. The weakness and its cause is to be dealt with and not the sins as these have already been forgiven at Calvary and all the person needs to do is to repent.

I was shown five principles which I use constantly and which I teach the people whom Jesus uses me to deliver. They are taught to use these principles to do deliverance on themselves and to fight the devil when he attacks them, as well as to help others to obtain deliverance. There is no need for the person seeking deliverance to know anything except Jesus as Lord, to give Him their problems and weaknesses, repent of any wrong attitudes or actions (sins) and to forgive all who have offended them.

A new Christian can lead people in the prayers in this book. All they need to understand is their delegated authority and even then it is The Word (Jesus) that delivers not the person ministering so even then a proper understanding of this is not necessary as Jesus honours His Word and the heart of the person seeking deliverance and not the person saying the prayers for another.

The five steps are a framework (principles) on which to base prayers used for deliverance and to fight Satan. They are not a rote prayer or magic formula so should not be treated that way but are an expression of the lordship of Christ over all things.

Jesus gave us authority over demons (Mark 16:17), but we must live the lifestyle that allows that authority to rest on us in order to be used in this ministry. Jesus also gave us authority over sickness in Mark 16:17 as sickness is part of the works of the kingdom of darkness that occurs after sin has happened. Satan can only do his evil to us if we allow him too (or in the case of children the parent or guardian allows him too) by allowing him to take control of a part of us thus placing it under the authority of his kingdom.

Satan can only get you to sin if you accept what he is suggesting you do. It is not thinking about what he suggests that is the sin. The sin is actually deciding embrace it or to do something about it even if nothing actually happens in the physical. You have accepted the thought in your heart so that Jesus us no longer Lord of that area. The fact you desire in your heart to do it is all that is needed for sin to occur.

But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.

Pray the following prayer

Satan has sent demons to try and stop people saying the five steps so you need to pray:

In Jesus' Name I forbid any demon from blocking or attempting to block me from saying the five steps automatically whenever I am attacked in any way by a demon or I am using them to help another fight demons.

In Jesus' Name I command any demon doing so to go to Jesus and to be severely punished.

I ask you Holy Spirit to take their place.

Thank You Father, Lord Jesus and Holy spirit.

The Five Steps to Victory and the reasons for them

These steps are not to be said as a magic formula as they are not one. They are only a framework of principles to use. They are a giving in your heart of these areas to Jesus for Him to be Lord of repenting of any wrong done in these areas, removing Satan from them and all the damage he did in these areas.

First I give the step and then the reason for the step.

Step 1. Give the area, weakness, circumstance, event, oppression, circumstances, sin or temptation to Jesus to be Lord over it, along with all the events leading to these things as well as the consequences resulting from these things.

What Jesus is Lord over, He can help you with and protect, so that Satan can not use it against you. When Jesus is Lord of an area of your life Satan cannot use it to try and convince you to sin as you do not want to accept what he offers. To control any area Satan needs to deceive you so you will accept his control over it.

Step 2. Repent of any wrong attitude or sin in you, either known or unknown to you, or any wrong thing done by you. Forgive all those who have offended you as well as of repent of any bitterness, root of bitterness anger and wrong attitudes in your heart (whether you know of them or not) towards anyone (including yourself).

Not showing the Love of Jesus to another is a sin as we are commanded to do this.

Repentance is a turning away from the things of Satan to the things of God and is a confirmation of your decision to give Jesus Lordship in that area repented of.

Repentance is usually of a blanket type when using The Five Steps and does not need to be specific (unless specific things are being given to Jesus or The Holy Spirit calls specific things to your remembrance). It is the heart attitude that is important not the words.

It is necessary to forgive yourself and others or The Father in heaven cannot forgive your sins and you do not go to heaven. If you keep bitterness, root of bitterness, anger or any other wrong attitudes in your heart you are in unforgiveness.

You may have to pray "*Lord forgive. Help me to forgive please*".

Step 3. Command Satan, in Jesus' Name to leave the areas or things given to Jesus and to go to The Throne of Judgment and to take all He did to you with him.

It is a battle of kings, so you address the enemy king and tell him to leave control of the territory (in your soul) that has just been given to Jesus, otherwise he will not go. That is why prayer alone is ineffective, as it still leaves the demons around since you have not commanded them to leave. As the area is delivered from the control of the kingdom of Satan all that is in there of Satan must go.

Jesus has the prerogative to heal illness when it is best for the purposes of His Kingdom so if healing does not occur ask why and you may find it is a timing issue (for the purposes of The kingdom) or more repentance needs to be done.

Step 4. Command healing and restoration in Jesus' Name and if necessary, the healing of the sound mind, the wounded spirit, the soul and the 'heart of flesh given to you by Jesus as well as any integration that is needed of the personality because areas of the mind and personality were previously blocked off and controlled or badly influenced by demons that have now been removed from these areas.

This removes damage demons have done to you.

Step 5. Ask The Holy Spirit to fill you and to take the place of any demon(s) that have left.

This replaces demons that left your soul (house) with The Holy Spirit. Our spirit is filled by The Holy Spirit, so demons cannot get into it, and they complain about this bitterly. Our soul (house) is where demons live, so as they leave, you need to replace them with The Holy Spirit. If you do not do this, seven worse demons will

replace them very quickly and the person will be more worse off than before.

The basis of what to cast out in the framework of the five steps is the use of an area to be given to The Lord rather than fighting individual demons. For example, a person may have a problem with various areas of pornography. The person does not have to declare each area he has problems with but gives the whole area of pornography in his life to Jesus to deal with and be lord of. He will do a general repentance for the area of pornography in his life and not each specific thing unless told to by The Holy Spirit.

When a demon enters they invites others in so that there may be many demons. If you fight individual demons you need to remove them one at a time. If you give the area to The Lord then they all have to go when cast out from that area.

This is why you give areas, events, weaknesses, circumstances, agreements etc to The Lord so everything in that area is dealt with at once. You do not need to ask for forgiveness of individual sins as they were forgiven at Calvary so a general repentance only for the area is required. Such as:

Lord, I am sorry for all the things I did in this area (name the area and will try to not do them again.

Remember the area can be named in your heart so no one knows as Jesus knows and that is what is important

It may be necessary to examine types of sins to determine the root cause so you know which area(s) to give to Jesus but usually it is not necessary to examine individual sins of a person to determine what the area is that is to be given to Jesus.

Jesus knows all our sins so we do not need to confess them individually but just the area of weakness they are in. All he asks is that we try not to sin in that area and if we do then we give it back to Him to be Lord of using the framework of the five steps (unless it is an external attack in which case we use the last three steps) and keep on trying not to sin.

Note

The five steps are not a litany or magic formula you recite by rote but are a framework of five principles to use like a ladder. Each rung leads to the next rung and on each rung you place what is appropriate to that rung, The first rung is the one that varies according to the situation, and is based on giving the situation to Jesus to be Lord of. The next four rungs really do not change as they really do not need to change to meet the requirements of the situation being prayed about.