

Addiction, Abuse and Suicidal Thoughts

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The contents of this booklet is the result of years of Internet ministry where I have used the principles in this book to successfully deliver people. The Holy Spirit is your guide in deliverance and you are just a facilitator to help turn the focus and heart of people onto Jesus as their Lord. In His Lordship of your life is true deliverance. Whatever Jesus is Lord of cannot be used by or attacked by Satan without the permission of God or your accepting his suggestions so he can attack you..

Abuse results from being incorrectly treated by another and can be spiritual, emotional, mental, physical or financial in nature..

In all abuse is a lack of love or indifference and bad stewardship.

An addiction is anything you use or do on a regular basis, which is may be harmful to your health and which is used to compensate for emotional hurts or pain.

Suicidal thoughts are a result of demons trying to get a person to destroy themselves because they feel they cannot cope with their personal problems.

This booklet is for Christians or people who want to give their life to Jesus and/or who have have been abused, have addictions, or suicidal thoughts they need to deal with.

I was shown by The Holy Spirit a framework of five biblically based steps that help you give everything to Jesus to be Lord of and which use this as the basis to remove Satan and all he has done to a person as well as heal any damage Satan did (in God's timing of course). Others have been taught these five steps and are using them successfully in their Christian life to live as they have desired too but were unsuccessful before they were taught this framework of five steps and went through de-

liverance using this framework.

These five steps are the basis of the deliverance prayers used in this booklet and are as follows:

Give the sin, area of moral weakness, circumstance, problem, event or situation to Jesus to be lord of, as well as all that led to the area, event etc as well as the consequences of this event(s) and anything associated with the event(s).

Forgive all who have offended you including yourself, repent of unforgiveness, bitterness, root of bitterness, anger any wrong emotions or attitudes to others or yourself and also of any sins you are bringing to Jesus. You must also try and reconcile with anyone you have offended.

You may need to pray : *"Lord I forgive. Help me to forgive"*,

Command Satan to go in Jesus' Name the Throne of Judgment as he no longer has a right to these areas as they now belong to Jesus,

In Jesus Name command healing and restoration of all the damage Satan did to you,

Ask Jesus to send The Holy Spirit to fill you replacing all the demons that have left.

The two greatest hindrances to deliverance is unforgiveness (leading to anger and bitterness) or enjoyment of the sin leading to no desire to repent of it. The latter is dangerous as it can lead to the loss of our salvation.

What is an addiction?

An addiction is an incorrect coping mechanism for a hurt a person has received either from abuse or trauma. Remove the hurt and the coping mechanism is no longer needed and the addiction can be removed. This is done through the deliverance and healing Jesus offers everyone and

this deliverance is the basis that is used in this book for dealing with the incorrect coping mechanisms and hurts that lead to addiction.

The process of addiction

A person has a serious emotional hurt caused in them as a result of abuse or trauma of some type. They cannot face this hurt so block it off in their memory. Demons hide in this blocked off memory as it has not been given to Jesus and correctly dealt with. They attack the person from these hidden nests.

This results in a fear or feelings of rejection. Often self-rejection occurs as well as the person blames themselves for the situation which arose that led to abuse. The negative thoughts causing these wrong attitudes are placed in the person by demons but the person thinks it is their own thoughts and accept them as such.

Their self-esteem is battered and at times can become non-existent. The person feels worthless, useless, inadequate and unlovable (even by God). This is because they think the thoughts are their own and do not realise it is from demons.

To hide the pain they form a coping mechanism that leads to addiction. The more serious the hurt the more serious the addiction needed to hide or block the emotional pain.

The person believes nothing good can happen to them any more and may even think of suicide or end up in a mental home.

The cause of the original problem, is demonic and only removing demons and all the hurts they use will remove the demons and the resultant addiction(s). The demons use the hurts to attack the person and cause the incorrect thought patterns that lead to addiction.

Demons attack your mind by placing thoughts in it which you think comes from yourself. They are able to place these thoughts in you from

either outside you or from blocked off memory hidden in your soul. These thoughts are designed to make you think in the way demons want you to think which lead to their controlling your thoughts in some areas of your life.

At times the control is so great the person appears to be possessed but they are not if they are a Christian. They are just overwhelmed with the demonic interference in their thought life.

These fiery darts of Satan (the thoughts he tries to have our mind accept as our own) are designed to remove all worth from us and value so that we will believe God or others cannot love us or use us and also to make us ineffective in the battle between God and Satan and may even to lead us going into hell. The moment we realise these thoughts are not ours we are free from them as we know we can fight them because they are thoughts from demons either external or internal.

We can use our delegated authority (Marl 16:17-18) to cast these demons into The Throne of Judgment and to stay there.

The process of addiction is from the inside

Jesus spoke of the house of a person so it is an actual place as demons can inhabit it (Mat 12:43-47). This house is your soul which appears to be in a different dimension or state as it is a place in the spirit world that demons can inhabit spiritually. I do not understand it but once you treat it as a real place then you realise what happens when an addiction occurs.

This not New Age. Satan is a copier so all he uses in the New Age he stole from God and perverted so there is often a Christian equivalent that The Holy Spirit can use to help you fight Satan.

What follows has been seen in the spirit world (under the guidance of The Holy Spirit) so is based on fact and has been proved through years of experience doing deliverance on people.

An abuse or shock occurs or an unrepentant sin reaches critical point.

Access is given to demons to enter the soul (house) of the person

If the shock or trauma is really great then the memory of it is partitioned off and a room forms (for want of a better description) which is hidden from their memory (remember it is rejected by the memory and blocked off as the person cannot face it) and in this room are demons hiding.

Demons attack the soul from this hidden view point (room) and place thoughts in the person's mind who think they are coming from their own personality and wonder why they are thinking these bad things. There may also be voices in the mind from demons and the person thinks they are mentally ill with bipolar personalities.

The person thinks they are terrible people or mentally ill because they think these thoughts and voices are their own, not realising that it is demons hidden in their soul doing these things to them!

The demons will try to get the person to sin and destroy themselves which is why addiction occurs or thoughts of suicide in really bad cases of abuse and trauma. Often people follow these voices in them thinking they are their own and that is why you will hear someone say "*the voices made me do it*".

The solution is to use the delegated authority Jesus has given you to remove the original hurts and the demons and heal the damage that the demons have done in person in as well as telling them the truth of what happened so they know it is not them that are evil but demons in them suggesting evil things to them.

You are not evil for having these thoughts as demons will always try to place them there. You are evil if you joyfully act on them.

It is to be remembered that all sin was remitted at Calvary and all sin you have are or will commit was also forgiven there except for blasphemy of The Holy Spirit. As a result of this there is no more guilt, shame or condemnation to those who follow Jesus as Lord and any of these you feel comes from demons so can be cast off in Jesus Name. Remember to ask The Holy Spirit to take their place or worse ones will come back and inhabit the vacant space in your house (soul) (Matt 12:45).

You do not believe the above? Then remember Jesus only cast demons out of people who called Him Lord and believed Him as their Lord. Jesus never cast demons out of people who did not call Him Lord except to free them from bondage so they could choose for or against Him (the Gadarene for example).

Jesus came to set people free and not to condemn them (Jn. 3:17). He quoted this as His mission statement (Is 61:1-2). He desires to set you free and will do anything He can to help you be set free. All you need to do is ask Him to set you free and make Him Lord of your life.

Sometimes deliverance occurs and the person is still not free. This is because of the hidden rooms in the soul that are still there and which need to be dealt with before the person can be freed from these problems.

You can go to psychologist and psychiatrists all you want to but they will only treat the results of the demons in you. Until you remove the hurts and demons causing the problems you will never be healed fully.

Until you realise the thoughts are not from you, you will never be free from their influence.

Until you know how to remove Satan and fight him you will always be at his mercy, but we have the promise that God will never

let him test you above what you can manage (1 Cor 10:)

Voices in the head.

God gives His guide, called The Holy Spirit, and Satan tries to imitate Him!

The Holy Spirit usually places thoughts, impressions, images and even emotions in your mind. You will know it is Him because you will have peace when He places things in your mind. If you do not have peace or there are two or more voices or ideas inputting in to your mind at the same time then you know there are demons and not the The Holy Spirit which need to be cast out.

Suicidal thoughts.

To get a person to suicide the demons has to convince the person that:

The thoughts that they are thinking are there own

They really want to die

They do not deserve to live or that life is not worth living

There is no hope of anything better happening to them

No one can help them in the situation

The demons hide God's solution, which is the deliverance Jesus offers them.

People with these kind of thoughts do not realize that three people placed these thoughts in their mind:

The Holy Spirit

Demons

Themselves.

Once you realize the thoughts of wanting to die are not from yourself, but from demons you can use the framework of the five steps to remove them.

The instinct of self-preservation is very strong as Satan has to talk you out of this instinct so that you will accept his suggestion to kill yourself. So whenever you get wrong thoughts in these areas use the five steps to send the demons to the throne of judgment.

The pray is that follow are designed to help you deal more fully and should be said.

The Actual Prayers

The sets of prayers that follow are designed to remove the demons in you through using the delegated authority Jesus has given you to do this and can be said by yourself. If you cannot pray the deliverance prayers then all you need to do is agree in your heart with the prayers as they are prayed by another.

Sometimes demons have such a hold they can prevent a person praying any form of deliverance prayers or make them so fearful of it they do not want to say the prayers or do anything that will deliver them so another needs to say the prayers for them.

The person listening to the prayers just needs to say or declare in their heart:

'Lord Jesus, I agree in my heart with these prayers '.

It is the heart that agrees and the prayers that are spoken are an expression of their attitude to God and their desire for deliverance.

So all they need to do is to agree in their heart with the prayers of deliverance that are prayed by another on their behalf.

Deliverance is between you and God. The person praying for you is

really a helper to guide you to turn your heart to Jesus in areas that Jesus is not Lord of your life. It is as demons are removed from these areas that person is delivered in the prayers.

These prayers aim to help you do this, to give your life to Jesus as Lord as well as deal with many things in your life and then tell Satan to go as He no longer has a place in you.

Unforgiveness

Mat 6:14-15 For if ye forgive men their trespasses, your heavenly Father will also forgive you: But if ye forgive not men their trespasses, neither will your Father forgive your trespasses.

Unforgiveness can result in you losing your salvation if will not forgive someone. It does not mean you agree with what they have done but God is their judge and not you so you are to leave judgment to Him and do what He tells you to do about the situation which is basically:

Forgive them as He forgives you

Love them as He Loves them.

Remember unforgiveness, and its fruit (anger and bitterness) will hinder deliverance so ensure you meant it when you pray this part of the prayers that follow.

Offences against others

Mat 5:23-24 Therefore if thou bring thy gift to the altar, and there rememberest that thy brother hath ought against thee; Leave there thy gift before the altar, and go thy way; first be reconciled to thy brother, and then come and offer thy gift.

If you do not forgive others their wrongs against you God cannot accept anything you bring to Him until you are reconciled to your brother.

God is a God of reconciliation and expects us also to be of a similar mind as Him and try and reconcile where possible.

Deliverance' Prayers

This section contains the deliverance prayer. Which is complete as Satan is a legalist and if you miss something out to give to Jesus to be Lord of he will use it to attack you.

The actual prayer

The Lord Jesus says in His Bible in 1 Pet 5:7, to give Him all your cares. That which causes you worry, anxiety, stress, all the hurts of the past, which takes away your peace, the sin you cannot seem to defeat, wrong coping mechanisms like: smoking, drinking, gambling: all that causes you distress and/or lack of peace in your spirit.

Remember that the giving of these things is only between you and Jesus, so you do not need to say them out loud, but only need to quietly give them to Him in your heart for Him alone to hear.

We use give a list of things so you can refer back to and check you have given them to Jesus. Satan is a Legalist and having a list like this removes some of his power over you by stopping him causing you to doubt any deliverance you have had. You can always go back and check the list . It also helps you see what he is trying to have you accept by placing thoughts in your mind to imply you have not been delivered from that area.

To say for abuse or trauma

For ritual abuse of any kind, trauma, abuse verbal and/or physical (e.g. of a spouse)

Lord I give you all the abuse and trauma I have had for you to be Lord of.

- I give you the causes and results as well as anything associated with these.
- I give you any divisions and hidden rooms these caused in my soul to be Lord of and integrate back as one soul
- I give you any wrong contracts, agreements worship and knowledge which is not of your Kingdom.
- I give you the causes, results and anything associated with these to you to also be Lord of because I desire you to be Lord of all my life.

The prayer.

Step 1

Why are so many things mentioned? Satan is a legalist and may try to say you did not give this area to Jesus. But you can point to this prayer and tell him to go. Step 1

So give to Jesus, quietly in your heart, anything that troubles you. You do not need to name the sin(s) but just the area the sin, weakness or problem in you which you desire Jesus to be Lord of. All you need to do is to agree to completely give it in your heart for Jesus to be Lord of.

Remember you give Jesus everything in the area so that things you do not know you have in that area or have done in that area are also given to Him along with anything associated with the area(s) you are giving Him. You do not need to mention individual sins but areas the sins are in as long as you repent of any sin that surfaces after deliverance so that you no longer do them.

So give to Jesus (that is relevant) any:

- Your hearing of The Holy SPIrit
- Your relationship to The Father as an adopted child of His
- Your relationship to Jesus as a citizen of His Kingdom

- Your relationship to The Holy Spirit as your guide and guardian on earth.
- Wrong attitudes toward God
- Wrong attitudes toward others
- Moral weaknesses you have
- Sins or areas of sin you have trouble defeating
- Loveless acts toward others
- Circumstances or events you are anxious or concerned/worried about.
- Wrong emotions, habits, attitudes, reasonings, values or wrong coping mechanisms you have
- Wrong imaginations, understanding, knowledge and learning or ways of thinking,
- negative thoughts, fears, doubts, self esteem and wrong attitudes and values of self worth toward you or to Jesus and anything that cause me to speak or act in a way that does not glorify The Kingdom of God.
- Wrong worship and praise attitudes
- Hurtful memories or trauma you have that cause you problems of any kind.
- Wrong contracts or agreements you have entered into. (except those with the devil as you cannot get out of them)
- All relationships you have
- Any betrothal (engagement)
- All social activities
- Any marriage, family and any problems in that area
- All relationships
- Employment
- Ministry

- Fear of Authority
- Fear of Failure
- All others fears
- Self-rejection and low self esteem
- Any mental illness you may have whether or not you know about it
- Any wrong soul ties
- Any curses over yourself from any source
- Any wrong agreements or contracts or similar...whether or not you know you have made them
- Past hurts, traumatic events and other events that have hurt you in any way
- Soul
- Body
- Your sexuality and its expression
- Character
- Attitudes
- Thoughts, daydreams and imaginations
- The way you serve Jesus and others
- The area of any sins you have problems with and any sins Jesus tells you to confess (to make you more aware of their being dealt with in this deliverance)
- Anything, in you or that you have done that is, not of Jesus or His Kingdom of which He is not already Lord of. Whether or not you know they are there,
- Anything The Holy Spirit tells you now to give to Him for Jesus to be Lord of and to make certain you have not missed anything.

•Give Jesus also the causes and results of all these things as well as anything else associated with them in any way then pray as follows"

General Repentance

Lord, Jesus, I want you to be Lord of all my life. I give it to all You, as well as anything that stands between You and me, whether or not I know they are there. Show me these things Lord that separate us so I can deal with them as you desire me to deal with them. I want to do Your will in all I do Lord, and I ask You to help me to do this. I give it all to you Jesus, for You to be Lord of so that You are Lord of all I am.

Step 2

The Father in heaven says you are to forgive everyone who has hurt you in any way. If you deliberately do not forgive anyone who has hurt you, the Father in heaven cannot forgive your wrongs against Him. So you do not go to heaven (Matt 6:14-15). You do not get deliverance. You may need to pray as follows and in your heart name any people The Holy Spirit brings to your memory.

Jesus, I forgive all who have hurt me.

I also forgive myself for what I have done.

Lord! Help me to forgive those I have problems forgiving. So I can obey you fully.

Give any problems you have reconciling to another as this is usually caused by Unforgiveness or fear of man (or woman). You may need to pray: as follows:

Lord Help me to reconcile to those I need to reconcile too and to do what I need to do this.

The lord requires you to try to reconcile but they may not be interest in reconciling. As long as you have wholeheartedly tried to reconcile it

does not matter if the other person does not want to be reconciled. It may be too dangerous to try but as long as you really desire to reconcile and are waiting for Jesus to make it possible you have satisfied God's requirements in this area. You may also need to repent of a sin you know you are doing as well as give it to Jesus to be Lord of.

You may need to pray in your heart:

Lord, show me what I need to repent of. I ask you to be Lord of it.

Then repent in your heart so only Jesus need hear

Lord I repent of ...[name the sin(s) or area(s)], and I want to stop doing anything that I am doing that is wrong. Help me to do this so you can be completely Lord of my life.

You may need to give it as a new step 1 in this prayer before you go on.

Step 3

Now command Satan to leave and go to Jesus and to take all He did to you with him:

Satan I have given all these areas of my life to Jesus to be Lord of. So you must go from these areas in Jesus' Name to the Throne of Judgment to be dealt with by Jesus. In Jesus' Name I command that you are, to take with you everything in, on or around me or that you have done to me at any time

Demons do not manifest as they are fighting Jesus now in what you have just given to Jesus to be Lord of and not you so they know they have no chance of winning so do not waste their energy.

Step 4

In accordance with the Will of God, in Jesus' Name I command healing of everything Satan did to me and In Jesus' Name I also command res-

toration of the sound mind as well as all else that Satan took from me in accordance with the will of Jesus for me.

Step 5

Holy Spirit please fill me completely, refresh me and anoint me freshly to serve Jesus as an obedient citizen of the Kingdom of God, and member of The Body of believers on earth. Step 5 was also mentioned by Jesus to a lady who went to heaven. Its stops demons coming back into the soul in the areas they have been forced to leave.

The following prayer gives permission to Jesus to do whatever He needs to do for you without asking your permission and needs to be prayed only once or repeated only if The Holy Spirit says to do so:

Father, Lord Jesus, Holy Spirit, ministering angels.- I give you all permission to do anything you need to do to me or for me without the need to ask my permission to do these things.

Satan will try and convince you by placing thoughts or feelings in you or emotions you have that you have not been delivered. Just give these to Jesus using the following five steps which form the basis of the prayer above.

Some helps for your Christian life

When Tempted

Satan cannot make you do anything you do not agree to do. He has to deceive you into agreeing with what he desires you to do. So, the first line of defence is to reject what he offers. When you are attacked ask The Holy Spirit if you are being attacked from within you or outside of you. If attacked from within you then deliverance is needed. If attacked from outside of you then cast it out in Jesus' Name to The Throne of God to be judged and ask The Holy Spirit to take their place.

Most demons have names that are foreign to us so it would be nearly

impossible to cast them out by their names. As long as we can identify them by their activity then we can cast them in Jesus' Name to The Throne of God to be judged

If you are attacked in an area often or have a weakness you are having trouble overcoming then you probably have a need for deliverance in that area.

When you are tempted and feel you need deliverance use the following framework of the five steps Jesus gave me:

As it is a battle of kings you address the enemy king (Satan).

These five steps are the basis of the deliverance prayers used in this booklet and are as follows:

Give the sin, area of moral weakness, circumstance, problem, event or situation to Jesus to be lord of, as well as all that led to the area, event etc as well as the consequence of this event(s).

Forgive all who have offended you including yourself, repent of unforgiveness, bitterness, root of bitterness, anger any wrong emotions or attitudes to others or yourself and also of any sins you are bringing to Jesus.

You may need to pray : "*Lord I forgive. Help me to forgive*",

Command Satan to go in Jesus' Name to The Throne of Judgment and take all he did to you with him because he no longer has a right to these areas as they now belong to Jesus,

In Jesus Name command healing and restoration of all the damage Satan did to you,

Ask Jesus to send The Holy Spirit to fill you completely replacing all the demons that have left

If there is no need for deliverance then tell any demon attacking you that you belong to Jesus and to go to in Jesus' Name to The Throne of

God to be judged and ask The Holy Spirit to take their place.

Any emotion, altitude or feeling that is negative is not from God but is either a suggestion from a demon or a demon playing on hurts reactions (habits) in you.

Accordingly you will either cast out a demon from inside you using the five steps or command an external demon to leave using steps 3 to 5 of the five steps.

Whenever I get any wrong thought sensation, feeling or emotion, I command the demons behind it to leave and go to in Jesus' Name to The Throne of God to be judged and ask The Holy Spirit to replace them

In summary:

If the thought is from God, you obey it.

If the thought is from you ensure it is given to God or dealt with as He tells you to. It may also be a need for deliverance in that or a related area.

If the thought is from Satan, reject it after determining if either deliverance is needed (demons inside you) or just casting out of the demon is required (external demons attacking) then do what you need to cast is in Jesus' Name to The Throne of judgment for God to deal with.

If the thought is external then the last three steps are only needed

The key is to take the thought, emotion or sensation captive to Jesus (2 Cor 10:5). In other words the demon placing the thought in your mind, sensation or emotion is cast to in Jesus' Name to The Throne of God to be judged.

Just resisting the thought does nothing. It is capturing the source of it that removes the demon and the temptation.

To deal with any demonic rooms (nests) that were not removed by a deliverance session, give the area etc. (step 1) to Jesus, then do the remaining four steps. You may need to ask The Holy Spirit what to give to Jesus as what is happening may be completely different to the original cause of it.

If you give the area etc, all the events leading to it and all the consequences of it as well as anything associated with it to Jesus you should also catch the root cause. Sometimes a specific event may need to be repented of and if you cannot hear what it is from The Holy Spirit then find someone who can. But first attack Satan and stop him blocking you and see if that allows you to hear what you need to repent of or give to Jesus. If it does not then seek these people.

How does Satan attack?

Satan attacks you by placing thoughts in your mind, emotions on your personality or feelings/sensations in your body. He tries to deceive you from the truth of a situation or distract you from what Jesus wants you to do.

Thoughts

Satan will try to tell you things are different to what they really are. He has to make you accept his lies so he can use you for his purposes or hinder your being used by Jesus. He has to convince you that something you have, you really do not have or something you really do not have, you have. If you are sane, he may suggest you have mental problems etc. He will often suggest the opposite of what you are in the hope you believe him and he can then mould your thinking as he desires too.

If you are saved he will throw thoughts into your mind that question that to the stage you will wonder if you are saved. If you have been given a God given ministry he will make you question that it is the correct one until you look elsewhere for the ministry he suggests you should

have. If you are sane he may try and get you to believe you are mentally unstable etc.

He places emotions on you like sensual pleasure to try and get you to sin either sexually or other sensual ways or distract you from the self-control God wants you to have so that you sin and like the pleasures he has given you more than what God desires you to do.

He can place moods on you like fear, anxiety and depression so that you do not have the joy of God and wonder what is wrong with you that you have these things for no apparent reason.

Remember, Satan does things subtly and will use doubt about things, especially the things of God to have you start to question the truths of God. If he can get you to do that he can then either use you or hinder your walk with Jesus.

He has to have you think a certain way so he can use it for his purposes and uses all he can to do this. This is why when you have anything negative in your mind you are to cast it in Jesus' Name to The Throne of **God to be judged**

How to Hear the Holy Spirit

It is important to be able to hear The Holy Spirit clearly as He is your guide to live as Jesus desires you to live and to fight Satan in the way Jesus desires you to fight Satan. Remember that to be an adopted child of The Father you need to be led by The Holy Spirit (Rom 8:14).

Preparatory Prayer

Lord, I want to hear The Holy Spirit correctly so I can do Your Will and be guided to be your follower and live as your adopted son or daughter of The Father. I give this desire to you and am sorry for anything I have done wrong in this area or associated areas of hearing The Holy Spirit.

In Jesus' Name I command any demons that are blocking me from hearing and understanding the truths and guidance that The Father, Jesus and The Holy Spirit desires me to hear and understand to go immediately in Jesus' Name to The Throne of Judgment to be dealt with by Jesus and take with them all they have done to me.. I ask You, Holy Spirit, to take their place and fill my soul so they cannot come back in.

How You Hear Him

Unless The Holy Spirit or Satan actually appear to you, they can only talk to you in your mind. When they are communicating with you it is as if they are your own thoughts or that you are talking to yourself.

People often mistake this for a disorder as if there are apparently two personalities in them when demons are speaking audibly in their mind. Also, when The Holy Spirit is speaking, they usually think it is their own thoughts. So you need to know who is interacting with you.

They communicate through: thoughts, dreams, day dreams, emotions, sensations, feelings etc.

If it is not your thoughts, or one of the other communicating methods, then it is either The Holy Spirit or Satan placing them there. You can actually hold a conversation with the Holy Spirit or the demons representing Satan and ask them questions and they will answer. Only answers from The Holy Spirit are 100% truthful. Demons will answer in a way that furthers their purposes for you.

You will need to silence your mind. You may have trouble hearing Him (The Holy Spirit) especially if you are in a place full of distractions or in a place where Satan rules. Remember, The Holy Spirit, has a still, small (quiet) voice.

He will place an impression, picture, or thought in your mind, give you an emotion or feeling, or even speak to you in an audible voice. You will know it is from Him as it will not cause you to fear. He may speak in other ways than these, but these are the normal ways. You may feel a

check in your spirit which is a 'No'. If He does not reply it is also a 'No', so you ask Him the reason why He said 'No' as He may tell you and you may find out more by this than by the answer you wanted.

If He gives you an answer it will line up with The Bible, and you will have peace in your heart over it. Remember, God will not contradict His Bible.

Satan will try to cause you doubt about what you are hearing then cause you to reason that it is wrong or impossible so that you believe you are not hearing correctly. Satan will also at times place fear or other wrong emotions or feelings in you to cause you to doubt God's Love, Control, Plans or Purposes for you. Satan does this to take away your trust in God and His Love for you, your Joy in Him as well as rewards and the things God has for you.

Satan will also try to have you misinterpret or misapply The Bible in a way that suits his purposes. At times Satan will block you hearing The Holy Spirit so you need to cast him out and stop him doing this and ask the Holy Spirit again what you desired to know. If you do not hear from The Holy Spirit, ask the following:

Are you in a place in which Satan rules so that the spiritual atmosphere is blocking The Holy Spirit?

Are you in sin (especially unforgiveness) and do you need to deal with it using the five steps?

Are you to ask this particular question of The Holy Spirit? If you do not get an answer, it may not be the time to ask It may not be the time to receive the answer It may not be an appropriate question to ask. SO ask Him why He did not answer and this may be more important than the actual answer to the question you asked Him.

Jesus may not want you to have the answer so Satan will not know what Jesus is going to do and try to stop it or replace it with his version of what you are to do :

Are you to command demons that are blocking you from hearing the Holy Spirit to leave in Jesus' Name?

Do you really want to hear the answer?

Are you seriously listening or just going through the motions of listening

You do not really need to know what God is doing as God will always do His best for you if you seek to know Him better and to do His Will. As long as you obey what you know He asks you to do, you will be on the path He has prepared from before creation on which are all the things He needs you to do as well as all the promises and blessings He has given you (Matt 6:33, Eph 2:10).

A danger is to desire something so much you do not hear Gods answer but one Satan is able to give because it is the one you want to accept. This is why it is good to have another witness like the Bible recommends whenever you have an answer or prophecy from The Holy Spirit.

The Holy Spirit is your Companion in this life, so it is necessary to be in continual communication with Him as He helps you to navigate the traps of Satan and do the Will of God.

It is hard to be a child of The Father if you do not know what He desires you to do and The Holy Spirit has been given so you can hear what The Father desires you to do so you need to be able to clearly hear Him.

Background to the Five Steps

For years I practised deliverance the traditional way: finding out background information on the person (often intrusive and very personal) fighting demons, either individually or in families and both on and off the Internet I saw much deliverance and some healing. But the deliverance on the net exhausted me from all the typing. So I asked Jesus why it was not as easy as when He did it.

The Holy Spirit gave me understanding of why Jesus was able to deliver as He did and

I started to apply this to the Internet ministry that I had been given at that time. The method had been there all along James 4:7 and 5:16.

Overnight the ministry changed. I no longer needed to know anything about the person, either their history or sins; Jesus knew them already. Healing of the soul and deliverance occurred more completely with little energy needing to be expended. What used to take weeks could be done in an hour or less at times.

There is still follow-up deliverance on these people, but nothing as intensive as it used to be. Full deliverance may still require a few sessions, but I do not need to get life histories or work through all the sins of a person, saving hours and lots of embarrassment, especially where sexual sins are involved.

You may need to discuss areas of sin at times but not individual sins. So you may need to discuss sexual problems but not the details. You may need to know they were unfaithful or had premarital sex so you can pray properly for them but not every time they slept with someone or committed adultery. The weakness and its cause is to be dealt with and not the sins as these have already been forgiven at Calvary and all the person needs to do is to repent.

I was shown five principles which I use constantly and which I teach the people whom Jesus uses me to guide in deliverance. They are taught to use these principles to do deliverance on themselves and to fight the devil when he attacks them, as well as to help others to obtain deliverance. There is no need for the person seeking deliverance to tell their sins as Jesus knows these already and they have been forgiven at Calvary. We are to give Jesus to be Lord of our faults and weaknesses, that cause these sins and to repent of any wrong attitudes or actions (sins) and to forgive all who have offended them.

A new Christian can lead people in the prayers in this document as can a child. All they need to understand is their delegated authority and even then it is The Word that delivers not the person so even then a proper understanding of this is not necessary as Jesus honours His Word and the heart of the person seeking deliverance and not the person saying the prayers for another.

The five steps are a framework (principles) on which to base prayers used for deliverance and to fight Satan. They are not a rote prayer or magic formula so should not be treated that way but are an expression of the lordship of Christ over all things.

Jesus gave us authority over demons (Mark 16:17), but we must live the lifestyle that allows that authority to rest on us in order to be used in this ministry. Jesus also gave us authority over sickness in Mark 16:17 as sickness is part of the works of the kingdom of darkness that occurs after sin has happened. Satan can only do his evil to us if we allow him too (or in the case of children the parent or guardian allows him too) by allowing him to take control of a part of us thus placing it under the authority of his kingdom.

Satan can only get you to sin if you accept what he is suggesting you do. It is not thinking about what he suggests that is the sin. The sin is actually deciding embrace it or to do something about it even if nothing actually happens in the physical. You have accepted the thought in your heart so that Jesus is no longer Lord of that area. The fact you desire in your heart to do it is all that is needed for sin to occur.

But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart. Pray the following prayer

Satan has sent demons to try and stop people saying the five steps so you need to pray:

In Jesus' Name I forbid any demon from blocking or attempting to block me from saying the five steps automatically whenever I am attacked in any way by a demon or am using them to help another fight demons. In Jesus' Name I command any demon doing so at any time to go to Jesus and to be severely punished. I ask you Holy Spirit to take their place. Thank You Father, Lord Jesus and Holy spirit.

The Five Steps to Victory and the reasons for them

These steps are not to be said as a magic formula as they are not one. They are only a framework of principles to use. They are a giving in your heart of these areas to Jesus for Him to be Lord of repenting of any wrong done in these areas, removing Satan from them and all the damage he did in these areas.

First I give the step and then the reason for the step.

Step 1. Give the area, weakness, circumstance, event, oppression, sin or temptation to Jesus to be Lord over it, along with all the events leading to these things as well as the consequences resulting from these things.

What Jesus is Lord over, He can help you with and protect, so that Satan can not use it against you. When Jesus is Lord of an area of your life Satan cannot use it to try and convince you to sin as you do not want to accept what he offers. To control any area Satan needs to deceive you so you will accept his control over it.

Step 2. Repent of any wrong attitude in you, either known or unknown to you, or any wrong thing done by you. Forgive all those who have offended you as well as of repent of any bitterness, root of bitterness anger and wrong attitudes in your heart (whether you know of them or not) towards anyone (including yourself).

Repentance is a turning away from the things of Satan to the things of God and is a confirmation of your decision to give Jesus Lordship in that area repented of.

Repentance is usually of a blanket type when using The Five Steps and does not need to be specific (unless specific things are being given to Jesus or The Holy Spirit calls specific things to your remembrance). It is the heart attitude that is important not the words.

You may need to pray: *“Lord I repent of (name the sin or sins) and ask you to help me do this.”*

It is necessary to forgive yourself and others or The Father in heaven cannot forgive your sins and you do not go to heaven. If you keep bitterness, root of bitterness, anger or any other wrong attitudes in your heart you are in unforgiveness.

You may have to pray *“Lord I forgive (name the person). Help me to forgive please”*.

Step 3. Command Satan in Jesus’ Name to leave the areas or things given to Jesus and to go to The Throne of God and be judged and take all he did to you with him.

It is a battle of kings, so you address the enemy king and tell him to leave control of the territory (in your soul) that has just been given to Jesus, otherwise he will not go. That is why prayer alone is ineffective, as it still leaves the demons around since you have not commanded them to leave. As the area is delivered from the control of the kingdom of Satan all that is in there of Satan (demons, illness caused by them) must go.

Jesus has the prerogative to heal illness when it is best for the purposes of His Kingdom so if physical healing does not occur ask why and you may find it is a timing issue (for the purposes of The kingdom) or more deliverance/repentance needs to be done.

Step 4. Command healing and restoration in Jesus’ Name and if necessary, the healing of the sound mind, the wounded spirit, the soul and the ‘heart of flesh given to you by Jesus as well as any integration that is needed of the personality because areas of the mind and personality

were previously blocked off and controlled or badly influenced by demons that have now been removed from these areas.

This removes damage demons have done to you.

This replaces demons that left your soul (house) with The Holy Spirit. Our spirit is filled by The Holy Spirit, so demons cannot get into it, and they complain about this bitterly. Our soul (house) is where demons live, so as they leave, you need to replace them with The Holy Spirit. If you do not do this, seven worse demons will replace them very quickly and the person will be more worse off than before. I have seen it happen!

The Five Steps are all based on Worship

Step 1. We give these things to Jesus because He is worthy and can deal with them in a worthy fashion. We love Him and thus worship Him by trusting Him with the things we give him. We also declare He is Lord of all as we do this and that He is greater than Satan.

Step 2. We repent (admit we have fallen short of His standards) and by this worship Him showing that we consider His values more worthy to follow than our own values and purposes and that we desire to live according to His standards

Step 3. He is more worthy than Satan having defeated him by His sinless life as well as His death at Calvary, so Satan must do what is commanded in the authority of Jesus (as he and his demons are now 'spoils of war' and the prisoner of Jesus). By using the authority Jesus has delegated to us over Satan, we show we consider Jesus to be more worthy of worship than Satan.

Step 4. Jesus is worthy to be worshipped as He has authority over the entire natural world as well as the spiritual world so He can command healing of body, soul and spirit. We use His authority delegated to us as

an act of worship to Him as we command these healings in His Name in accordance with His Will.

Step 5. We desire to be Like Jesus (as He is the most desirable person we know) and as an act of worship ask for His Spirit to take the place of the enemy that has been evicted from us so that His Spirit can guide us and mature into the image of Jesus.

The basis of what to cast out in the framework of the five steps is the area or weakness to be given to The Lord rather than fighting individual demons. For example, a person may have a problem with various areas of pornography. The person does not have to declare each area he has problems with but gives the whole area of pornography in his life to Jesus to deal with and be lord of. He will do a general repentance for the area of pornography in his life and not specific things unless told to by The Holy Spirit

When a demon enters they invites others in so that there may be many demons. If you fight individual demons you need to remove them one at a time. If you give the area to The Lord then they all have to go when cast out from that area. This is why you give areas, events, weaknesses, circumstances, agreements etc to The Lord so everything in that area is dealt with at once. You do not need to ask for forgiveness of individual sins as they were forgiven at Calvary so a general repentance only for the area is required. Such as:

Lord, I am sorry for all the things I did in this area (name the area and will try to not do them again.

Remember this can all be done in your heart so no one knows as Jesus alone needs to know what you are giving to Him and that is what is important. Only the casting out commands need to be done and they can be whispered so only Jesus and Satan hears them.

It may be necessary to examine types of sins to determine the root cause so you know which area(s) to give to Jesus but usually it is not neces-

sary to examine individual sins of a person to determine what the area is that is to be given to Jesus. Jesus knows all our sins so we do not need to confess them individually but just the area of weakness they are in. All he asks is that we try not to sin in that area and if we do then we give it back to Him to be Lord of using the framework of the five steps (unless it is an external attack in which case we use the last three steps) and keep on trying not to sin. Note

The five steps are not a litany or magic formula you recite by rote but are a framework of five principles to use like a ladder. Each rung leads to the next rung and on each rung you place what is appropriate to that rung, The first rung is the one that varies according to the situation, and is based on giving the situation to Jesus to be Lord of. The next four rungs really do not change as they really do not need to change to meet the requirements of the situation being prayed about. The fourth rung (healing) may change a little according to the situation so next is listed some guidelines as to what to pray for when commanding healing.

What is usually can be commanded to be healed in Step fourth step is as follows:

Spirit: The wounded spirit healed

Mind: Memories, emotions, wrong habits, attitudes, reactions and the sound mind restored

Soul: filled with Holy Spirit so demons cannot come back into it.

The Soul, Spirit and body may need to be realigned at times, especially after long periods on pain killers or similar.

Heart: The broken heart healed and made whole restored

Personality: unified, integrated and made whole to counteract its fragmentation from hidden nests of demons That have been removed.

ody: Healed of the ravages of demons on it that have now been evicted

Whatever The Holy Spirit says to heal.

Closing Comments

Addiction, Abuse and Suicidal Thoughts can only be dealt with by Jesus to the degree you desire to deal with them. If you have problems maybe there is a spirit of fear or a belief no one, including Jesus, can help you. There is also the possibility you are so secure because of your addictions you cannot have them removed or you will become more insecure than you are. There is also the problem you may enjoy them.

To remove these problems you need to give them to Jesus as the first step in the framework of the five steps and then you will have the freedom you desire to be what and who you are.